

**BACHELOR'S DEGREE PROGRAMME (BDP)
(B.A. PSYCHOLOGY)**

Term-End Examination

December, 2018

**BPCE-017 : INTRODUCTION TO COUNSELLING
PSYCHOLOGY**

Time : 2 hours

Maximum Marks : 50

Note : All sections are compulsory.

SECTION - A

Answer any two of the following questions in
about 450 words each : 2x10=20

1. Compare and contrast the behaviour and cognitive theory of counselling. 10
2. Describe the psychosexual stages of development as proposed by Freud and its implications for counselling. 10
3. What are the reasons for seeking couple counselling ? Highlight the importance of behavioural couple counselling. 3+7
4. Discuss the assessment process in family counselling. 10

SECTION - B

Answer **any four** of the following questions in about **250** words each : **4x6=24**

5. Define Counselling. Describe the characteristics and therapeutic climate in a counselling relationship. **2+4**

6. Discuss the role of counsellor in elementary school context. **6**

7. Describe the various ways which can ensure respecting client rights in a counselling relationship. **6**

8. Explain the direct and indirect approach to counselling. **3+3**

9. Differentiate between centripetal and centrifugal periods in family life. **6**

SECTION - C

Write short notes on **any two** of the following questions in about **100** words each : **2x3=6**

10. Non-verbal communication skills **3**

11. Limitations of psychodynamic counselling **3**

12. Free association **3**