

01311

**BACHELOR'S DEGREE PROGRAMME (BDP)  
(B.A. PSYCHOLOGY)**

**Term-End Examination**

**December, 2018**

**BPCE-013 : MOTIVATION AND EMOTION**

*Time : 2 hours*

*Maximum Marks : 50*

*Note : All sections are compulsory.*

**SECTION - A**

Answer any two of the following questions in  
about 450 words each :

**2x10=20**

1. Elaborate the concept of emotion and thought. 10
2. Discuss any two need based theories of Motivation. 10
3. Explain what stress is and what it is not. 5+5  
Delineate the relationship between stress and disease.
4. What are the different factors that influence arousal ? 10

## SECTION - B

Answer any four of the following questions in about 250 words each : 4x6=24

5. Discuss the relationship between emotion and cognition. 6
6. Explain the James-Lange or Cannon-Bard's theory of emotion. 6
7. What are the different types of defence mechanisms ? Cite suitable examples to support your answer. 6
8. What are the different symptoms and causes of anxiety ? 6
9. Discuss the components and the physiological changes involved in emotions. 2+4

## SECTION - C

Write short notes on any two of the following in about 100 words each : 2x3=6

10. Aggressive motivation. 3
  11. Measurement of anxiety and stress. 3
  12. Methods to increase intrinsic motivation. 3
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