

00985

**MASTER OF SCIENCE IN COUNSELLING AND
FAMILY THERAPY**

Term-End Examination

December, 2017

**MCFTE-001 : MARITAL AND FAMILY THERAPY
AND COUNSELLING**

Time : 2 hours

Maximum Marks : 50

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- Note :** (i) Answer *three* questions in all.
(ii) Question No. 1 is compulsory.
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1. Write short notes, in about 150 words each, on any four of the following : 4x5=20
 - (a) Neutrality
 - (b) Defining a problem interpersonally during family session
 - (c) Characteristics of a self report scale
 - (d) Genogram
 - (e) Desensitization
 - (f) Squeeze technique

2. (a) State any five misconceptions that couples seem to have regarding sex. 5
(b) Outline the precautions to be taken in sex therapy. 10

3. Discuss what are the common areas of marital enrichment. 15

4. With the help of an illustration, explain the essential skills required for family assessment by a counsellor or family therapist. 15
5. (a) Name 5 self report scales used in family or marital assessment. 5
- (b) What are the major ethical principles that should be kept in mind when utilizing self report scales ? 10
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