

**MASTER'S DEGREE IN SOCIAL WORK
(COUNSELLING)**

Term-End Examination

December, 2017

MSW-015 : BASICS OF COUNSELLING

Time : 3 hours

Maximum Marks : 100

Note : (i) Answer all the five questions.

(ii) All questions carry equal marks.

*(iii) Answers to question 1 and 2 should not exceed
600 words each.*

1. Explain the counselling process. Describe each stage through which counselling passes. 20

OR

Discuss the meaning and types of play therapy. 20

2. Explain the need and scope of various tools in counselling. 20

OR

Describe the methods of intake, assessment, diagnosis and hypothesis formulation in family counselling. 20

3. Answer **any two** of the following questions in about 300 words each :

(a) What are the factors that influence counselling process ? 10

(b) Explain the process of couple counselling. 10

(c) Discuss the components and techniques of supportive psychotherapy. 10

(d) Highlight the qualities of a counsellor. 10

4. Answer **any four** of the following questions in about **200** words each :
- (a) Mention any five roles and functions of family therapist. 5
 - (b) Explain the characteristics of counselling. 5
 - (c) Briefly list the structure of practice sessions. 5
 - (d) What are the strengths of psycho - analytic counselling ? 5
 - (e) Discuss the importance of setting specific goals. 5
 - (f) Write down the five stages of counselling listed by fuster. 5
5. Write short notes on **any five** of the following questions in about **100** words each :
- (a) Definition of counselling 4
 - (b) Cognitive Behaviour Therapy 4
 - (c) Confrontation 4
 - (d) Frame of reference 4
 - (e) Interviewing 4
 - (f) Psychotherapy 4
 - (g) Positive regard 4
 - (h) Ethics 4
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