

00142

MASTER OF ARTS (PSYCHOLOGY)

Term-End Examination

December, 2017

MPCE-021 : COUNSELLING PSYCHOLOGY

Time : 2 hours

Maximum Marks : 50

Note : All sections are compulsory.

SECTION - A

Answer any two of the following questions in about 450 words each : 2x10=20

1. Explain the main principles of therapeutic process in solution focused brief therapy. 10
2. Define vulnerable child. Discuss the importance of counselling for different groups of vulnerable children. 3+7
3. Explain the Five stage theory of drama therapy and describe the techniques of drama therapy technique. 5+5
4. Describe the physical and psychological symptoms related to depression. Explain the psychodynamic and cognitive-behavioural therapy for treating depression. 4+6

SECTION - B

Answer **any four** of the following questions in about 250 words each : $4 \times 6 = 24$

5. Describe the phenomenological approach by Adler. 6
6. Differentiate between counselling, guidance and psychotherapy. 6
7. Discuss the basic assumptions of person centered counselling. Explain the core conditions of effective counselling as given by Rogers. $3+3=6$
8. Explain any three therapies for treatment of addiction. 6
9. Discuss the need and scope of educational and vocational counselling. 6

SECTION - C

Write short notes on **any two** of the following in about 100 words each : $2 \times 3 = 6$

10. Goals of counselling in Gestalt approach. 3
 11. Autonomy and Beneficence. 3
 12. Importance of client qualities in counselling. 3
-