

**BACHELOR'S DEGREE PROGRAMME (BDP)
(B.A. PSYCHOLOGY)**

01522

Term-End Examination

December, 2017

**BPCE-017 : INTRODUCTION TO COUNSELLING
PSYCHOLOGY**

Time : 2 hours

Maximum Marks : 50

Note : All sections are compulsory.

SECTION - A

Answer any two of the following questions in
about 450 words each : **2x10=20**

1. Discuss the role of a counsellor in case of a traumatic incident in school. **10**
2. Explain the Counselling interview process. **10**
3. Describe family life spiral model in family counselling. In this context, differentiate between centripetal and centrifugal periods. **3+7**
4. What is couple Counselling? Delineate the stages of assessment process in couple counselling. **2+8**

SECTION - B

Answer any four of the following questions in
about 250 words each : **4x6=24**

5. Explain the importance of communication skills in counselling. **6**

6. Discuss the role of secondary school counsellor. 6
7. Describe the role of counsellor in dealing with students with ADHD (Attention Deficit Hyperactivity Disorder) 6
8. Describe the goals of family counselling. Explain the first-order and second-order change in this context. 3+3
9. Discuss computer assisted counselling as a method of cognitive behavioural counselling. 6

SECTION - C

Write short notes on any two of the following in about 100 words each.

2x3=6

10. Eclectic approach 3
 11. American Counselling Association (ACA) Code of Ethics. 3
 12. Genogram 3
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