

02242

**BACHELOR'S DEGREE PROGRAMME (BDP)
(B.A. PSYCHOLOGY)**

Term-End Examination

December, 2017

BPCE-013 : MOTIVATION AND EMOTION

Time : 2 hours

Maximum Marks : 50

Note : All sections are compulsory.

SECTION - A

Answer any two of the following questions in
about 450 words each : 2x10=20

1. Differentiate between emotional intelligence and emotional competency. What are the different ways of managing emotions ? 5+5
2. Discuss the social theories of emotions. 10
3. Define motivation. Discuss the various types of motivation. 3+7
4. Discuss the signs of arousal and anxiety. Explain the methods of coping with stress and anxiety. 3+7

SECTION - B

Answer **any four** of the following questions in about **250** words each : **4x6=24**

5. Discuss Maslow's hierarchy of needs theory. **6**
6. Elucidate the self determination theory of curiosity. **2+4**
7. Discuss the role of autonomic nervous system in emotions. **6**
8. Discuss the strategies to manage emotions. **6**
9. Define curiosity. Discuss the relationship between curiosity and culture. **2+4**

SECTION - C

Write short notes on **any two** of the following in about **100** words each. **2x3=6**

10. Emotions and unconscious thoughts. **3**
 11. Motivation and Ethnology. **3**
 12. Interpersonal motivation. **3**
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