

**POST BASIC BACHELOR OF SCIENCE  
(NURSING) B.Sc. (N) (PB)**

**Term-End Examination**

**December, 2016**

02023

**BNS-108 : MENTAL HEALTH NURSING**

*Time : 3 hours*

*Maximum Marks : 70*

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*Note : Attempt all questions. Attempt all parts of a question at one place.*

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1. (a) Define communication.  
(b) Explain the elements of communication.  
(c) Describe the principles of communication.  
(d) Discuss any seven communication techniques used by a nurse while providing nursing care to the psychiatric patients. *1+2+5+7=15*
  
2. Mrs. A is admitted in the psychiatric unit with the diagnosis of depression.
  - (a) Define depression.
  - (b) Enlist any six symptoms of depression.
  - (c) Write any four antidepressant drugs and nurses' responsibilities while administering these medicines.
  - (d) Discuss the nursing management of Mrs. A. *1+3+4+7=15*

3. Discuss the nursing management in any *four* of the following conditions : 4×5=20

- (a) A child with temper tantrums
- (b) A patient with delirium
- (c) A patient with bulimia
- (d) A patient with alcohol withdrawal symptoms
- (e) A patient with anxiety neurosis

4. Write short notes on any *four* of the following : 4×5=20

- (a) Trends and issues of Psychiatric Nursing
  - (b) Misconceptions about Mental Illness
  - (c) Nursing Care of Patient before ECT
  - (d) Mental Health Team
  - (e) National Mental Health Act
  - (f) Disorders of Content of Thought
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