

**MASTER OF SCIENCE IN COUNSELLING AND
FAMILY THERAPY**

Term-End Examination

December, 2016

**MCFTE-002 : CHILD AND ADOLESCENT
COUNSELLING AND FAMILY THERAPY**

Time : 2 hours

Maximum Marks : 50

*Note : (i) Answer **three** questions in **all**.*

*(ii) Question No. 1 is **compulsory**.*

1. Analyse the factors associated with child abuse and trauma. How can child abuse and trauma be prevented ? Discuss. **10+10=20**

OR

What is cognitive behaviour therapy ? Discuss, giving examples, cognitive and behavioural interventions that can be used in management of childhood and adolescent disorders. **5+15=20**

OR

Discuss the effects of media on children and adolescents. What strategies should be employed by parents and educators to maximise the benefits and minimise the harmful effects of media ? **10+10=20**

2. "Developing thinking skills, social skills and negotiation skills and applying them adequately in daily life serves as a 'psychological vaccination' against mental health problems". Do you agree with this statement ? Substantiate your answer with reasons and examples. **15**

3. How is play important for the development of the child ? Discuss, giving examples. 15
4. (a) Analyse the need for training parents of children and adolescents with disabilities. 5
(b) Discuss the various models of training and intervention with reference to parents of children and adolescents with disabilities. 10
5. Write short notes on **any three** of the following :
- (a) School as a learning social system 5+5+5=15
(b) Enhancing resilience in children
(c) Children Apperception Test (C.A.T.)
(d) Importance of peer relations and peer influence during childhood and adolescence.
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