

MASTER OF ARTS (PSYCHOLOGY)

Term-End Examination

December, 2016

**MPCE-022 : ASSESSMENT IN COUNSELLING
AND GUIDANCE**

Time : 2 hours

Maximum Marks : 50

Note : All sections are compulsory.

SECTION - A

Answer **any two** of the following questions in
about **450 words** each : **2x10=20**

1. Explain the process and methods of cognitive counselling. Proposed by Beck and Ellis. **5+5**
2. Discuss the causes and prevention of mental illness. **10**
3. Discuss any one Neo-Freudian psychodynamic theory and its application to counselling. **10**
4. Discuss the basic techniques and objectives of narrative theorem. **10**

SECTION - B

Answer **any four** of the following questions in about **250 words** each : **4x6=24**

5. Discuss various types of interviews. 6
6. Describe assessment complexities faced during psychological testing and assessment. 6
7. Explain Rational Emotive therapy. 6
8. Differentiate between psychological testing and assessment. 6
9. Discuss the processes of group counselling. 6

SECTION - C

Write short notes on **any two** of the following in **100 words** each. **2x3=6**

10. Empathy 3
 11. Fully functioning person 3
 12. Format of case history 3
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