

**MASTER OF ARTS (PSYCHOLOGY)**

**Term-End Examination**

**December, 2016**

03221

**MPCE-013 : PSYCHOTHERAPEUTIC METHODS**

*Time : 2 hours*

*Maximum Marks : 50*

*Note : All sections are compulsory.*

**SECTION - A**

Answer **any two** of the following questions in  
about 500 words each : **2x10=20**

1. Discuss the principles and techniques of family therapy. **10**
2. What are the characteristics of behavior modification ? Discuss some procedures of operant conditioning. **3+7**
3. What is dysfunctional thinking ? In this context explain the process of cognitive behavior therapy. **10**
4. What is contingency contracting ? Discuss. **10**

**SECTION - B**

Answer **any four** of the following questions in  
about 300 words each : **4x6=24**

5. What is narrative psychotherapy ? Discuss. **6**

6. Discuss the application of psychotherapy with adolescents. 6
7. Explain the role of psychotherapy in terminal illness. 6
8. What is 'Multi-modal Therapy' ? Explain its application. 6
9. What do you understand by 'Object relations theory' ? Discuss its application. 6

### SECTION - C

Write short notes on **any two** of the following in about 100 words each : 2x3=6

10. The unconscious
  11. Reinforcement
  12. Psychotherapy in dementia.
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