

MASTER OF ARTS (PSYCHOLOGY)

00418

Term-End Examination

December, 2016

MPCE-013(S) : PSYCHOTHERAPEUTIC METHODS

Time : 2 hours

Maximum Marks : 50

Note : All sections are compulsory.

SECTION A

Answer any two of the following questions in about 450 words each :

2×10=20

1. Explain the treatment principles and interventions in solution-focused therapy. 5+5
2. Discuss the different ways to psychotherapy integration. 10
3. Discuss the various components of psychoanalytic and psychodynamic psychotherapy. 10
4. Discuss the psychotherapeutic methods for the treatment of adolescent anxiety and conduct disorder. 5+5

SECTION B

Answer any **four** of the following questions in about
250 words each :

4×6=24

5. Explain the techniques used in psychoanalytic treatment of children. 6
6. Briefly discuss the areas of application of behaviour modification. 6
7. Explain the psychotherapeutic issues with terminally-ill people. 6
8. Define couple therapy. Discuss the various approaches to couple therapy. 6
9. Explain 'self-disclosure' and 'cultural awareness' in client-centred therapy. 3+3

SECTION C

Write short notes on any two of the following in about 100 words each :

$2 \times 3 = 6$

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| 10. Existential Therapy | 3 |
| 11. Difference between Cognitive Therapy and Cognitive Behaviour Therapy | 3 |
| 12. Multimodal Therapy | 3 |
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