

# **POST GRADUATE DIPLOMA IN ACUPUNCTURE**

## **Term-End Examination**

**December, 2015**

### **PGDACP-03: TREATMENT OF COMMON DISEASES/ EAR & SCALP ACUPUNCTURE**

*Time : 2 hours*

*Maximum Marks : 70*

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**Note :**

- (i) *There are multiple choice type questions, which are to be answered in **OMR Answer Sheets**.*
- (ii) *All questions are **compulsory**.*
- (iii) *Each question has four options and only one of them is correct. Answers have to be marked in figures in the appropriate rectangular boxes corresponding to what is the correct answer and then blacken the circle for the same number in that column by using HB or lead pencil. **DO NOT USE INK OR BALL PEN in OMR Answer Sheets.***
- (iv) *If any candidate marks more than one option, it will be taken as the wrong answer and no marks will be awarded for this.*
- (v) *Erase completely any error or unintended marks.*
- (vi) *There 70 questions in this paper and each question carries one mark.*
- (vii) *There will be no negative marking for wrong answers.*
- (viii) *No candidate shall leave the examination hall for one hour after the commencement of the examination.*

1. In Yin meridian, the Jing-well point represents
  - (1) Fire element
  - (2) Wood element
  - (3) Metal element
  - (4) Water element
2. One specific point for Insomnia is
  - (1) Tonify UB 62
  - (2) Tonify Du 20
  - (3) Tonify K 6
  - (4) Sedate K 1
3. According to TCM, Myopia is caused by
  - (1) Liver and Kidney Qi deficiency
  - (2) Kidney and Bladder Qi deficiency
  - (3) Liver and Bladder Qi deficiency
  - (4) All of the above
4. In treating a cough caused by the lung being attacked by liver fire, which of the following prescriptions is the best selection ?
  - (1) UB 18, LU 10, Liv 2, GB 20
  - (2) UB 13, LU 5, Liv 3, UB 18
  - (3) LU 1, UB 13, LU 9, K 6
  - (4) LU 7, LI 4, Liv 14, UB 18
5. According to TCM, Poliomyelitis belongs to the category of
  - (1) Wind-stroke syndrome
  - (2) Summer fever syndrome
  - (3) Wind-heat syndrome
  - (4) Summer heat syndrome

- 6. Number of Mu-Front points present on Ren meridian are**
- (1) 3
  - (2) 5
  - (3) 4
  - (4) 6
- 7. The Luo (Connecting) point of DU meridian is**
- (1) DU 1
  - (2) DU 2
  - (3) DU 3
  - (4) DU 4
- 8. Following is/are the types of wind-stroke :**
- (1) Attack on the Zang-Fu organs
  - (2) Attack on the meridians and collaterals
  - (3) Both the above
  - (4) None of the above
- 9. Following points are used for tinnitus due to hyperactivity or fire in the liver and gallbladder :**
- (1) GB 2, SJ 17
  - (2) SJ 3, Liv
  - (3) Both the above
  - (4) None of the above
- 10. P 6 confluent point connects which eight extra meridians ?**
- (1) Chong
  - (2) Du
  - (3) Dai
  - (4) Yinwei

- 11. In Yin meridian, the Shu-Stream point represents**
- (1) Fire element
  - (2) Wood element
  - (3) Earth element
  - (4) Water element
- 12. The five Shu points are located**
- (1) Below the elbow and knee joints
  - (2) At the elbow and knee joints
  - (3) On the meridian which passes on the front side of elbow and knee joints
  - (4) On the meridian which passes on the back side of elbow and knee joints
- 13. The warming method is used**
- (1) To warm the meridians
  - (2) To remove obstructions in the meridians
  - (3) To warm the middle Jiao to dispel cold and restore Yang from collapse
  - (4) All of the above
- 14. Which point is helpful to remove phlegm heat from lung ?**
- (1) LU 1
  - (2) LU 10
  - (3) LU 5
  - (4) LU 11
- 15. Which of the following points is used to treat haemorrhoids ?**
- (1) UB 57
  - (2) Moxa at LU 6
  - (3) Both the above
  - (4) None of the above
- 16. Which combination is used to treat to stop acute diarrhoea ?**
- (1) St 36 + UB 20
  - (2) UB 25 + St 25
  - (3) St 36 + St 25
  - (4) None of the above

17. Which combination is used to treat to stop acute constipation ?
- (1) St 36 + UB 20 + SJ 6 + K 6
  - (2) UB 25 + St 25 + SJ 6 + K 6
  - (3) St 36 + St 25 + SJ 6 + K 6
  - (4) None of the above
18. St 36 is the most popular point to treat
- (1) The deficiency of Qi
  - (2) The deficiency of blood
  - (3) The abdominal problem
  - (4) All of the above
19. SP 4 helps to remove all *except*
- (1) Stagnation of food
  - (2) Blood stasis
  - (3) Cold stasis
  - (4) Damp heat
20. A patient has the following signs and symptoms : profuse and continuous vaginal discharge, soreness of the lower back, a cold sensation in the lower abdomen, frequent and excessive urine, loose stools, a pale tongue with a thin coating, and a deep pulse. Which of the following prescriptions would you select for this patient ?
- (1) UB 23, Ren 4, K 12, G 26 and K 7
  - (2) Ren 3, UB 32, SP 6 and Liv 3
  - (3) UB 26, Ren 6, UB 30, SP 9 and ST 36
  - (4) UB 23, UB 20, SP 6, SP 9 and ST 36
21. Vomiting, distension, belching, insomnia, red outer edges of tongue and taut pulse are the manifestation of
- (1) Attack of the stomach by liver Qi
  - (2) Retention of food
  - (3) Liver fire
  - (4) Gall bladder deficiency

- 22.** In middle stage, hypertension is most likely due to
- (1) Deficiency of Yin and hyperactivity of Yang
  - (2) Deficiency of Yin and Yang
  - (3) Hyperactivity of Yin and Yang
  - (4) Only (2) and (3) are correct
- 23.** Tinnitus is due to
- (1) Kidney Qi deficiency
  - (2) Exhaustion of kidney-essence
  - (3) Kidney Yin deficiency
  - (4) All of the above
- 24.** According to TCM, epilepsy is caused by
- (1) Excess of the liver and kidney
  - (2) Deficiency of the liver and excess of kidney
  - (3) Deficiency of the liver and kidney
  - (4) Excess of liver and deficiency of kidney
- 25.** According to TCM, Cerebro-vascular accident belongs to the category of
- (1) Zhong Feng
  - (2) Wind stroke
  - (3) Both the above
  - (4) None of the above
- 26.** Following are the alternative ear acupuncture techniques *except*
- (1) Laser
  - (2) Galvanic
  - (3) Faradic
  - (4) Microwave

**27. Meridian theory in ear acupuncture suggests**

- (1) There is linkage between organ and tissue through meridian
- (2) There is linkage between ear part and meridian
- (3) Both the above
- (4) None of the above

**28. Which area of the ear represents the urinary system ?**

- (1) Scapha
- (2) Triangular fossa
- (3) Cymbacancha
- (4) None of the above

**29. The scalp area situated in the occipital region of head is**

- (1) Stomach area
- (2) Foot motor sensory area
- (3) Balance area
- (4) Choreo tremor control area

**30. The Front-Mu points are those located at**

- (1) The cross of the two exterior-interior related meridians
- (2) The chest and abdomen where the Qi of the Zang-Fu organs is infused
- (3) The sites where Qi and blood in the meridians is converged and accumulated
- (4) The vicinity of the wrist and ankle

**31. The best prescription for a patient who complains of dizziness, irritability, flushed face, red eyes, tinnitus, bitter taste in the mouth and dream-disturbed sleep would be**

- (1) Baihui (DU 20), Pishu (UB 20), Guanyuan (Ren 4), Sanyinjiao (SP 6)
- (2) Touwei (St 8), Pishu (UB 20), Zhongwan (Ren 12), Neiguan (P 6)
- (3) Fenglong (St 40), Pishu (UB 20), Neiguan (P 6), Sanyinjiao (SP 6)
- (4) Fengchi (GB 20), Xingjian (Liv 2), Taixi (K 3), Guanshu (UB 18)

- 32.** Which of the following points would you utilize as secondary points to treat lower back pain caused by a deficiency of the kidney Yang ?
- (1) Dachangshu (B 25) and Guanyuanshu (B 26)
  - (2) Mingmen (DU 4) and Yaoyan (Extra)
  - (3) Zhishi (B 52) and Taixi (K 3)
  - (4) Renzhong (DU 26) and Yaotongxue (Extra)
- 33.** A bluish complexion may be present in the following conditions :
- (1) Cold syndromes
  - (2) Painful syndromes
  - (3) Stagnation of blood
  - (4) All of the above
- 34.** A heat syndrome frequently causes all of the following *except*
- (1) Dark yellow and scanty urine
  - (2) Constipation
  - (3) Dry tongue coating
  - (4) Absence of thirst
- 35.** A patient has the following signs and symptoms : heat sensation in the chest, frequent desire to vomit, abdominal pain alleviated by warmth, and loose stools. This syndrome belongs to
- (1) Cold above with heat below
  - (2) Heat above with cold below
  - (3) True heat with false cold
  - (4) True cold with false heat
- 36.** Stagnation of blood frequently causes all of the following *except*
- (1) Pain
  - (2) Tumour
  - (3) Ecchymosis
  - (4) All of the above



- 37.** All of the following signs and symptoms may be due to deficiency of blood *except*
- (1) Malar flush
  - (2) Blurring of vision and dizziness
  - (3) Palpitation and insomnia
  - (4) Numbness on the hands and feet
- 38.** Which of the following points are used to treat cough by utilizing cupping ?
- (1) Fengmen (UB 12) and Feishu (UB 13)
  - (2) Chize (LU 5) and Quchi (LI 11)
  - (3) Dazhui (DU 14) and Taodao (DU 13)
  - (4) Hegu (LI 4) and Shaoshang (LU 11)
- 39.** Following are the general principles of acupuncture treatment *except*
- (1) Regulation of Yin and Yang
  - (2) Strengthening the body resistance and eliminating the pathogenic factors
  - (3) Supplementing the primary from the secondary
  - (4) Treatment of diseases according to climatic and seasonal conditions, geographical locations and the individual conditions
- 40.** In case of empty Yin you should
- (1) Reduce Yin
  - (2) Stimulate Yang
  - (3) Stimulate Yin
  - (4) Reduce Yang
- 41.** How do you distinguish the Primary from the Secondary in localization of the disease ?
- (1) The external portion is the primary, and the internal is the secondary
  - (2) The internal portion is the primary, and the external is the secondary
  - (3) The superior portion is the primary, and the inferior is the secondary
  - (4) The ventral portion is the primary, and the dorsal is the secondary

- 42.** The reinforcing method is used
- (1) To strengthen the body resistance and the Zang-Fu organs
  - (2) To replenish Yin, Yang, Qi, and blood
  - (3) For the deficiency syndrome
  - (4) All of the above
- 43.** What is the Etiology of Facial Paralysis according to TCM ?
- (1) Invasion of Yangming and Shaoyang meridians by wind-cold or heat
  - (2) Invasion of Yangming meridians by wind
  - (3) Invasion of Yangming meridians by wind-heat
  - (4) Invasion of Yangming and Shaoyang meridians by wind-cold
- 44.** In scalp acupuncture, the horizontal line 4 cm long drawn posteriorly from the midpoint of the auditory area is called
- (1) Speech Area I
  - (2) Speech Area II
  - (3) Speech Area III
  - (4) Speech Area IV
- 45.** Which auricular point is situated on the ear tubercle ?
- (1) Liver
  - (2) Liver Yang
  - (3) Tonsils
  - (4) Lumbar spine
- 46.** In scalp acupuncture, the reproductive area is situated
- (1) Lateral to Thoracic area
  - (2) Medial to Thoracic area
  - (3) Medial to Gastric area
  - (4) All of the above

- 47. Which acupuncture point is used in emergency for malignant hypertension ?**
- (1) Liv 1
  - (2) Sp 6
  - (3) H 7
  - (4) Liv 3
- 48. According to TCM, Depression is caused by**
- (1) Stagnation of liver Qi
  - (2) Stagnation of blood
  - (3) Heat in blood
  - (4) All of the above
- 49. Auricular point situated in the centre of Lobule is**
- (1) Teeth
  - (2) Jaw
  - (3) Cheek
  - (4) Eye
- 50. The general principles of acupuncture treatment are worked out under the guidance of the**
- (1) Holistic concept and differentiation of syndromes
  - (2) Regulation of Yin and Yang
  - (3) Select points along the course of meridians
  - (4) Remove the excess and reduce the preponderance
- 51. The reducing method is used**
- (1) To dispel the pathogenic factors
  - (2) To remove stagnation
  - (3) Both the above
  - (4) None of the above

- 52.** Using a three-edged needle is indicated in which of the following cases ?
- (1) Lumbago due to stagnation of blood
  - (2) High fever with sweating
  - (3) Lumbago pain due to cold exposure
  - (4) All of the above
- 53.** Following is the best prescription for epigastric pain due to deficiency – cold of the spleen and stomach :
- (1) UB 20, UB 21, REN 12 and ST 36
  - (2) UB 18, UB 21, REN 10 and ST 36
  - (3) UB 20, UB 21, REN 10 and ST 25
  - (4) UB 18, UB 21, REN 12 and ST 24
- 54.** In scalp acupuncture, the facial area is situated
- (1) Lower 2/5 of motor area
  - (2) Lower 2/5 of sensory area
  - (3) Both the above
  - (4) None of the above
- 55.** The auricular point used as anaesthetic point for tooth extraction along with LI 4 and LI 11 is
- (1) Toothache 1 and 2
  - (2) Toothache 1 only
  - (3) Toothache 2 only
  - (4) Toothache 1 and Shenmem
- 56.** Following is the specific point for Periarthritis shoulder joint :
- (1) LI 15
  - (2) SJ 14
  - (3) GB 21
  - (4) ST 38

**57.** Foot motor sensory area is indicated in

- (1) Eneuresis
- (2) Facial paralysis
- (3) Blindness
- (4) Ataxia

**58.** In ear acupuncture, Diaphragm is represented on

- (1) Scapha
- (2) Triangular fossa
- (3) Helix crus
- (4) Anti-helix

**59.** In TCM, Rheumatoid arthritis is called

- (1) Wondering Bi-Syndrome
- (2) Fix Bi-Syndrome
- (3) Bony Bi-Syndrome
- (4) Bi-Syndrome

**60.** Govind complained, distending pain in the costal, epigastric regions and hypochondriac, belching, acid regurgitation, an empty and uncomfortable sensation in the stomach, mental depression, a thin tongue coating and a string-taut pulse. This indicates

- (1) Deficiency of spleen and kidney Yang
- (2) Disharmony between the liver and the stomach
- (3) Invasion of the lung by the liver
- (4) Damp-heat in the middle Jiao

**61.** Following are the types of Urticaria *except*

- (1) Wind-cold
- (2) Wind-heat
- (3) Wind damp
- (4) Spleen and stomach deficiency

- 62.** According to the principle of reducing the “son” point for an excess syndrome, which of the following points is the best selection for treating an excess syndrome of the heart ?
- (1) Shaochong (H 9)
  - (2) Shaofu (H 8)
  - (3) Shenmen (H 7)
  - (4) Lingdao (H 4)
- 63.** How many reference lines are taken for scalp acupuncture ?
- (1) 10
  - (2) 4
  - (3) 6
  - (4) 2
- 64.** Zhongwan (Ren 12) combined with Zusanli (St 36) and Tianshu (St 25) combined with Shangjuxu (St 37) are both combinations of
- (1) Back-Shu point and Front-Mu-point
  - (2) Front-Mu-point and Lower He-Sea point
  - (3) Yuan-Primary point and Luo-Connecting point
  - (4) Mother point and Son point
- 65.** UB 40 is the best points to treat
- (1) Itching
  - (2) Bleeding disorder
  - (3) Headache
  - (4) Stomach-ache
- 66.** Which of the following points is the influential point for blood ?
- (1) UB 13
  - (2) UB 15
  - (3) UB 17
  - (4) UB 19

67. Which of the following points is the influential point for tendon ?
- (1) GB 20
  - (2) GB 21
  - (3) GB 34
  - (4) UB 11
68. Leukorrhea due to dampness and toxins during menstrual period and puerperium damages
- (1) Du and Ren meridians
  - (2) Ren and Dai meridians
  - (3) Ren and Kidney meridians
  - (4) Bladder and Kidney meridians
69. The influential point of Zang organs is
- (1) Zhongwan (Ren 12)
  - (2) Zhangmen (Liv 13)
  - (3) Dabao (Sp 21)
  - (4) Ximen (P 6)
70. A patient has dizziness, headache, and distressed sensation in the chest before the seizures, falling down suddenly, loss of consciousness, convulsion, spitting foam, and clenched teeth during the seizure. Tongue: white and sticky coating. Pulse: wiry and smooth. What is your diagnosis according to TCM (A case of epilepsy) ?
- (1) Liver-Wind with Accumulation of Phlegm
  - (2) Blockage of Orifice by Phlegm-Fire
  - (3) Deficiency of Liver and Kidney Yin
  - (4) Deficiency of Spleen and Kidney Qi