

**CERTIFICATE IN ADOLESCENT
HEALTH AND COUNSELLING**

Term-End Examination

December, 2015

**CNS-AH-002 : ISSUES AND CHALLENGES
DURING ADOLESCENCE**

Time : 3 hours

Maximum Marks : 70

Note : (i) Attempt *all* questions.

(ii) Attempt *all* parts of a question at one place.

1. (a) Explain the impact of media on adolescents, support your answer with examples.
(b) Describe the ways of handling negative media influence by adolescents.
(c) Discuss the role of parents and teachers in handling impact of media on adolescents.

5+5+5=15
2. (a) Explain the meaning of following terms :
(i) Substance dependence.

2+2+4+4+3=15

(ii) Withdrawal symptoms.
(b) List the risk factors associated with substance abuse.
(c) Discuss the myths and facts about substance abuse, support your answer with examples.
(d) Explain the role of a teacher in prevention of substance abuse.

3. (a) Define sexual harassment. **2+8+5=15**
(b) Explain the sexual harassment under categories of verbal, non - verbal, visual and physical.
(c) List common places and situation of sexual harassment.
4. (a) Discuss time management tips you would give to adolescents. **8+7=15**
(b) Explain the ways you would suggest to adolescents in improving concentration.
5. Discuss the role of a teacher in **any two** of the following : **2x5=10**
(a) Promoting health and hygiene.
(b) Management of conduct disorders.
(c) Awareness regarding unsafe abortion.
(d) Do's and Dont's in communication with adolescents.
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