

**MASTER OF SCIENCE IN COUNSELLING AND
FAMILY THERAPY**

Term-End Examination

December, 2015

**MCFTE-003 : SUBSTANCE ABUSE COUNSELLING
AND FAMILY THERAPY**

Time : 2 hours

Maximum Marks : 50

Note : Answer three questions in all. Question no. 1 is compulsory.

1. Explain **any four** of the following in about 150 words each : **4x5=20**
 - (a) Barriers to treatment seeking among women substance users.
 - (b) OST
 - (c) Reasons for tobacco dependence.
 - (d) Comprehensive treatment approach.
 - (e) Limitations of family therapy approach for substance use.
 - (f) Behavioural marital therapy for substance users.
 - (g) Elements of psychosocial rehabilitation.

2. What are the different types of resistance that the counsellor can be expected to face while dealing with a patient of substance use ? Give examples for each. **15**

3. Discuss the 5 'A's and 5 'R's Approach to tobacco cessation. 15
 4. With the help of examples, discuss family issues in substance abuse from a biopsychosocial perspective. 15
 5. Discuss the high risk sexual behaviour among the substance users in India. 15
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