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**MASTER OF SCIENCE IN COUNSELLING AND  
FAMILY THERAPY**

**Term-End Examination**

**December, 2015**

**MCFTE-001 : MARITAL AND FAMILY THERAPY  
AND COUNSELLING**

*Time : 2 hours*

*Maximum Marks : 50*

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**Note :** (i) Answer *three* questions in *all*.  
(ii) Question No. 1 is *compulsory*.

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1. Write short notes, in about **150** words each, on **any four** of the following : **4x5=20**
  - (a) Hypothesizing.
  - (b) Initial contact versus the intervention.
  - (c) Internal validity of research tool in family therapy.
  - (d) Stop - Start technique.
  - (e) Conflict resolution among newly married couples.
  - (f) Use of enactments.
  
2. Discuss the guidelines to be followed while conducting an interview session with a couple. **15**
  
3. What are the difficulties experienced in analyzing information from an interview ? Discuss with the help of examples. **15**

4. Describe how cognitive behaviour therapy can be used for vaginismus. 15
  5. Discuss the guidelines to be considered while conducting marital enrichment. Why should marital enrichment be conducted for couples in the initial stages of marital life ? 15
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