

**MASTER OF SCIENCE IN COUNSELLING AND  
FAMILY THERAPY**

**Term-End Examination**

**December, 2015**

**MCFT-006 : APPLIED SOCIAL PSYCHOLOGY**

*Time : 3 hours*

*Maximum Marks : 100*

**Note :** Answer five questions in all. Question No. 1 is compulsory.

1. Write short notes, in about 150 words each, on any four of the following : 4x5=20
  - (a) Misconceptions about sexual identities.
  - (b) Bases of marital power.
  - (c) Influence of exercise and nutrition on well-being.
  - (d) Role of grand parents in parenting.
  - (e) Positive conflict.
  - (f) Altruistic personality.
  - (g) Anger management tips.
2. What do you understand by interpersonal communication ? Give appropriate examples to support your answer. Discuss the principles of interpersonal communication. 20
3. Analyse the role of the counsellor and family therapist while dealing with a child having parents with unclear parenting roles and responsibility. Support your answer with examples. 20

4. Differentiate between chronic conflicts and episodic conflicts. What strategies can be used to resolve both these kinds of conflicts ? 20
  5. As a counsellor and family therapist, suppose you are invited to give a lecture/presentation on how to assess well-being. Discuss the strategies to promote well-being for a group of youth working in a factory from 9 Am to 6 Pm, six days a week. 20
  6. Discuss the role of the counsellor and family therapist while dealing with a couple who has come for pre-marital guidance and counselling. Support your answer with relevant examples. 20
  7. What are the reasons of widespread changes in the sexual aspects of individuals in the present day scenario ? Critically analyse, with the help of examples. 20
  8. Discuss any one personality theory in detail and outline its implication for therapy. 20
  9. What do you understand by social cognition ? Explain goals of social cognition. 20
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