

**MASTER OF ARTS (PSYCHOLOGY)****Term-End Examination****December, 2015****MPCE-023 : INTERVENTIONS IN COUNSELLING***Time : 2 hours**Maximum Marks : 50*

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*Note : All sections are **compulsory**. Marks are shown against each question.*

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**SECTION A**

*Answer any **two** of the following questions in about 500 words each :*

*2×10=20*

1. Define eclecticism. Describe the three approaches to integrative counselling practice. 3+7
2. Critically discuss the ethical issues in counselling research. 10
3. Explain Interpersonal Psychotherapy (IPT) and discuss the problem areas addressed by the IPT. 3+7
4. Discuss the various applications of cognitive therapies in counselling with examples. 10

## SECTION B

Answer any **four** of the following questions in about 300 words each :

4×6=24

5. Explain the psychodrama approach in counselling. 6
6. Describe the types of groups in counselling. 6
7. Elucidate the behavioural disorders of childhood and adolescence. 6
8. Describe the techniques for helping children with learning disability. 6
9. Explain the self instructional technique. 6

## SECTION C

*Write short notes on any **two** of the following in about 100 words each :*

**2×3=6**

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|--------------------------------------|----------|
| <b>10. Self Actualizing Tendency</b> | <b>3</b> |
| <b>11. Selective Mutism</b>          | <b>3</b> |
| <b>12. Multisensory Approach</b>     | <b>3</b> |
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