

MASTER OF ARTS (PSYCHOLOGY)

Term-End Examination

December, 2015

MPCE-013 : PSYCHOTHERAPEUTIC METHODS

Time : 2 hours

Maximum Marks : 50

Note : All sections are compulsory.

SECTION A

Answer any two of the following questions in about 500 words each :

2×10=20

1. Discuss Freud's topographical model of personality. Describe the different stages of psychosexual development. 3+7
2. Describe the different operant conditioning procedures. 10
3. Give a historical overview of the development of cognitive behaviour therapy and present the ABC model. 5+5
4. Explain the goals of client-centered therapy. What are the core conditions for client-centred therapy? 4+6

SECTION B

Answer any **four** of the following questions in about
300 words each : 4×6=24

5. Explain the therapeutic principles of group psychotherapy. 6

6. Elucidate the basic tenets and concepts of psychodynamic psychotherapy. 6

7. Discuss David Malan's therapy and Triangle of insight. 6

8. What do you understand by attachment based interventions and dyadic developmental psychotherapy? 3+3

9. Describe the family psychotherapeutic approach. 6

SECTION C

Write short notes on any two of the following in about 100 words each :

2×3=6

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| 10. Goals of Multimodal Therapy | 3 |
| 11. Token Economies | 3 |
| 12. Motivational Interviewing | 3 |
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