

BACHELOR'S DEGREE PROGRAMME (BDP)**(B.A. PSYCHOLOGY)****Term-End Examination****December, 2015****BPCE-017 : INTRODUCTION TO COUNSELLING
PSYCHOLOGY***Time : 2 hours**Maximum Marks : 50**Note : All sections are compulsory.***SECTION A**

*Answer any two of the following questions in about
500 words each :*

2×10=20

1. Explain the various skills required for effective counselling. 10
2. Discuss the goals of person-centred approach to counselling. Explain the core conditions for effective counselling. 5+5
3. Discuss the various techniques of family counselling. 10
4. Explain the issues related to counselling of gifted students and students with physical disabilities. 6+4

SECTION B

Answer any **four** of the following questions in about 300 words each : 4×6=24

5. Discuss the objectives and advantages of group counselling. 3+3
6. Explain behavioural couple counselling. 6
7. Describe the origin of counselling movement in India. 6
8. Discuss the significance of counselling the HIV/AIDS patients and their partners together. 6
9. Describe any two techniques of behavioural counselling. 6

SECTION C

Write short notes on any two of the following in about 100 words each :

2×3=6

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| 10. Triangular Relationships | 3 |
| 11. Family Choreography and Family Sculpting | 3 |
| 12. The Feeling Word Game as a play therapy technique | 3 |
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