

POST GRADUATE DIPLOMA IN ACUPUNCTURE

Term-End Examination

00179

December, 2014

**PGDACP-03 : TREATMENT OF COMMON DISEASES /
EAR & SCALP ACUPUNCTURE**

Time : 2 hours

Maximum Marks : 70

Note :

- (i) *There will be multiple choice type of questions in this examination, which are to be answered in **OMR Answer Sheets**.*
- (ii) *All questions are **compulsory**.*
- (iii) *Each question has four options and only one of them is correct. Answers have to be marked in figures in the appropriate rectangular boxes corresponding to what is the correct answer and then blacken the circle for the same number in that column by using **HB** or lead pencil. **DO NOT USE INK OR BALL PEN in OMR Answer Sheets.***
- (iv) *If any candidate marks more than one option it will be taken as the wrong answer and no marks will be awarded for this.*
- (v) *Erase completely any error or unintended marks.*
- (vi) *There will be 70 questions in this paper and each question carries one mark.*
- (vii) *There will be no negative marking for wrong answers.*
- (viii) *No candidate shall leave the examination hall at least for one hour after the commencement of the examination.*

1. Following are the general principles of Acupuncture treatment except
 - (1) Regulation of yin and yang
 - (2) Strengthening the body resistance and eliminating the pathogenic factors
 - (3) Supplementing the primary from the secondary
 - (4) Treatment of diseases according to climatic and seasonal conditions, geographical locations and the individual conditions

2. In case of deficient yang one should
 - (1) Reduce yin
 - (2) Stimulate yang
 - (3) Stimulate yin
 - (4) Reduce yang

3. The Front-Mu points are used to
 - (1) replenish yin qi of the zang-fu organs
 - (2) replenish yang qi of the zang-fu organs
 - (3) diagnose deficient conditions
 - (4) diagnose excess conditions

4. For a patient with weak body resistance and pathogenic factor not yet strong enough, the plan of the treatment is
 - (1) the body resistance is strengthened first
 - (2) to eliminate the pathogenic factor first
 - (3) Both methods should be employed simultaneously
 - (4) Not fit for acupuncture

5. How do you distinguish the primary from the secondary in localization of the disease ?
 - (1) The external portion is the primary and the internal is the secondary
 - (2) The internal portion is the primary and the external is the secondary
 - (3) The superior portion is the primary and the inferior is the secondary
 - (4) The ventral portion is the primary and the dorsal is the secondary

- 6. To treat the patients in spring and summer the insertion of needles should be**
- (1) Shallow
 - (2) Deep
 - (3) Horizontal
 - (4) Perpendicular
- 7. The reinforcing method is used**
- (1) To strengthen the body resistance and the zang-fu organs
 - (2) To replenish yin, yang, qi and blood
 - (3) For the deficiency syndrome
 - (4) All the above
- 8. The commonly used warming methods are as follows**
- (1) Acupuncture with needle retaining or moxibustion
 - (2) Cupping with bleeding
 - (3) Bleeding at jing-well point
 - (4) None of the above
- 9. The clearing method is used**
- (1) To clear off the pathogenic heat for resuscitation
 - (2) For heat syndromes
 - (3) Both (1) and (2)
 - (4) None of the above
- 10. The ascending method is used**
- (1) To raise yang qi
 - (2) To raise yin qi
 - (3) To balance yin and yang
 - (4) To remove stagnation

11. Categories of point selection

- (1) Selection of nearby points, distant and symptomatic points
- (2) Selection of distant and symptomatic points
- (3) Selection of nearby points and symptomatic points
- (4) Mu front and back shu points

12. In yin meridian, the jing-well point represents

- (1) Fire element
- (2) Wood element
- (3) Metal element
- (4) Water element

13. In yang meridian, the Shu stream point represents

- (1) Fire element
- (2) Wood element
- (3) Metal element
- (4) Water element

14. The lower He-sea points for large intestine is

- (1) ST 36
- (2) ST 37
- (3) ST 39
- (4) ST 40

15. The Luo-(connecting) point of REN meridian is

- (1) REN 13
- (2) REN 14
- (3) REN 15
- (4) REN 18

- 16.** The Xi-(Cleft) points are used primarily in treatment of
- (1) Acute diseases appearing in their corresponding organs.
 - (2) Chronic diseases appearing in their corresponding organs.
 - (3) Both Acute and Chronic diseases appearing in their corresponding organs.
 - (4) None of the above
- 17.** Following are main syndromes of obesity except
- (1) Heat in stomach
 - (2) SP and K deficiency
 - (3) SP Qi stagnation
 - (4) ST Qi stagnation
- 18.** Following acupuncture points are used to treat headache due to phlegm-dampness except
- (1) DU 14
 - (2) Yintang (EX-HN 3)
 - (3) ST 40
 - (4) LI 11
- 19.** Etiology of facial paralysis according to TCM is :
- (1) Invasion of Yangming and Shaoyang meridians by wind-cold or heat
 - (2) Invasion of Yangming meridians by wind
 - (3) Invasion of Yangming meridians by wind-heat
 - (4) Invasion of Yangming and Shaoyang meridians by wind-cold
- 20.** Specific point for Insomnia is
- (1) Tonify UB 62
 - (2) Tonify Du 20
 - (3) Tonify K 6
 - (4) Sedate K 1

- 21. According to TCM, Cerebrovascular Accident belongs to the category of**
- (1) Zhong Feng
 - (2) Wind stroke
 - (3) Both of the above
 - (4) None of the above
- 22. According to TCM, poliomyelitis belongs to the categories of**
- (1) Wind stroke syndrome
 - (2) Damp heat syndrome
 - (3) Wind heat syndrome
 - (4) Summer heat syndrome
- 23. According to TCM, epilepsy is commonly caused by**
- (1) Excess of the liver and kidney
 - (2) Deficiency of the liver and excess kidney
 - (3) Deficiency of the liver and kidney
 - (4) Excess of liver and deficiency of kidney
- 24. Taichong (Liv. 3) can be selected as a supplementary point to treat vomiting due to**
- (1) Retention of food
 - (2) Deficiency of spleen and stomach qi
 - (3) Attack of the stomach by liver qi
 - (4) Accumulation of cold at the stomach
- 25. Tinnitus is due to**
- (1) Kidney Qi deficiency
 - (2) Exhaustion of kidney-essence
 - (3) Kidney yin deficiency
 - (4) All of the above

- 26.** The reducing method is used
- (1) To dispel the pathogenic factors
 - (2) To remove stagnation
 - (3) Both of the above
 - (4) None of the above
- 27.** Moderate hypertension is most likely due to
- (1) Deficiency of yin and hyperactivity of yang
 - (2) Deficiency of yin and yang
 - (3) Hyperactivity of yin and yang
 - (4) Only (2) and (3) are correct
- 28.** Following are the syndromes of Leukorrhea except
- (1) Deficiency of spleen
 - (2) Deficiency of kidney
 - (3) Deficiency of bladder
 - (4) The attack of dampness and toxins
- 29.** Vomiting, Distension, Belching, Insomnia, Red outer edges of tongue and taut pulse are manifestation of
- (1) Attack of the stomach by liver qi
 - (2) Retention of food
 - (3) Liver
 - (4) Gall bladder deficiency
- 30.** Which of the following points is the best selection for treating asthma of the wind-cold type ?
- (1) Fengmen (B.12)
 - (2) Shenshu (B.23)
 - (3) Qihai (Ren.6)
 - (4) Shanzhong (Ren.17)

31. A patient has the following signs and symptoms : profuse and continuous vaginal discharge, soreness of the lower back, a cold sensation in the lower abdomen, frequent and excessive urine, loose stools, a pale tongue with a thin coating, and a deep pulse. Which of the following prescriptions would you select for this patient ?
- (1) B.23, Ren.4, K.12, G.26 and K.7
 - (2) Ren.3, B.32, Sp.6 and Liv.3
 - (3) B.26, Ren.6, B.30, Sp.9 and ST.36
 - (4) B.23, B.20, Sp.6, Sp.9, and ST.36
32. According to the principle of reinforcing the “mother” point for a deficient syndrome, which of the following points is the best selection for treating a deficient syndrome of the spleen ?
- (1) Sanyinjiao (Sp.6)
 - (2) Taixi (Ki.3)
 - (3) Yingu (Ki.10)
 - (4) Dadu (Sp.2)
33. Hyperactivity of yin due to yang deficiency should be treated by
- (1) Reinforcing yang to control yin
 - (2) Reinforcing yin and yang
 - (3) Strengthening yin to control yang
 - (4) Strengthening yang to control yin
34. The Back shu point of upper warmer organs are located at the level of
- (1) T3 to T5 vertebra
 - (2) C7 to T2 vertebra
 - (3) T8 to T12 vertebra
 - (4) L1 to L5 vertebra
35. All the following points are one of the eight confluent points except
- (1) K 6
 - (2) LI 12
 - (3) G 41
 - (4) SJ 5

- 36.** Which of the following points is influential point for blood vessels ?
- (1) Lu 9
 - (2) H 7
 - (3) H 8
 - (4) P 6
- 37.** Local points to treat frontal headache are
- (1) Du 20 and Du 14
 - (2) Du 20 and Li 4
 - (3) G 14 and Yin tang
 - (4) St 8 and St 44
- 38.** Which of the following auricular acu-points is used to treat fever, hypertension and inflammation ?
- (1) Blood pressure reducing groove
 - (2) Hypertension point
 - (3) Ear apex
 - (4) Shenmen point
- 39.** Zhongwan (Ren 12) combined with Zusanli (St 36) and Tianshu (St 25) combined with Shangjuxu (St 37) are both combinations of
- (1) Back-shu point and front-mu point
 - (2) Front-mu point and lower he-sea point
 - (3) Yuan-primary point and Luo-connecting point
 - (4) Mother point and son point
- 40.** Which of the following prescriptions is the best for treating abdominal pain caused by the stagnation of liver Qi ?
- (1) REN 17, LIV 3, PC 6, GB 34
 - (2) REN 12, UB.20, UB.21, St.36
 - (3) REN 12, Ren.6, Liv.13, St.36
 - (4) REN 12, St.25, St.36, St.44

41. How many stimulatory areas are there for scalp acupuncture ?
- (1) 14
 - (2) 15
 - (3) 16
 - (4) 17
42. According to the principle of reducing the “son” point for an excess syndrome, which of the following points is the best selection for treating an excess syndrome of the pericardium ?
- (1) P 9
 - (2) P 8
 - (3) P 7
 - (4) P 6
43. According to TCM, eczema is of
- (1) Wind heat
 - (2) Damp heat
 - (3) Blood deficiency types
 - (4) (2) and (3) are correct
44. Following are types of Urticaria
- (1) Wind-cold
 - (2) Wind-heat
 - (3) Spleen and stomach deficiency
 - (4) All of the above
45. Deepali is having frequent bowel movements and faeces in large quantity since last night, abdominal pain, yellow and fetid stools, burning sensation in the anus, fever, thirst, red tongue with yellow and greasy coating, soft and rapid pulse. Which one below is the most correct prescription for this case ?
- (1) Ren 12, ST 25, ST 37, ST 39, ST 36
 - (2) BI 20, ST 37, ST 36, DU 4
 - (3) Ren 12, ST 25, DU 4, REN 4
 - (4) Ashi points, ST 25, BL 25, ST 37

- 46.** To treat impotence, which meridians below should be selected ?
- (1) Kidney and the liver meridians
 - (2) Kidney and the lung meridians
 - (3) Kidney and the stomach meridians
 - (4) Kidney and the large intestine meridians
- 47.** In TCM Wondering Bi means
- (1) Rheumatoid arthritis
 - (2) Osteo-arthritis
 - (3) Gouty arthritis
 - (4) Degenerative arthritis
- 48.** In scalp acupuncture, horizontal line 4 cm long drawn posteriorly from the midpoint of the auditory area is called
- (1) Speech Area I
 - (2) Speech Area II
 - (3) Speech Area III
 - (4) Speech Area IV
- 49.** In ear acupuncture Helix crus represents
- (1) Diaphragm
 - (2) Uterus
 - (3) Testes
 - (4) Ovaries
- 50.** Amenorrhea refers to the failure of menstruation to start when a woman reaches adulthood or the abnormal cessation of the periods for more than _____ in a row once they have started.
- (1) One month
 - (2) Two months
 - (3) Three months
 - (4) Four months

- 51.** Which auricular point is situated on the ear tubercle ?
- (1) Liver
 - (2) Liver Yang
 - (3) Tonsils
 - (4) Lumbar spine
- 52.** According to TCM, hemorrhoids are due to
- (1) Stagnation of qi and blood and subsequently injury of the collaterals of the anus
 - (2) Stagnation of qi lead to accumulation of damp
 - (3) Heat in blood
 - (4) Cold in blood
- 53.** Following point is used to treat hemorrhoids
- (1) BL 40
 - (2) BL 57
 - (3) BL 60
 - (4) BL 25
- 54.** In scalp acupuncture gastric area is used
- (1) To treat disorder of upper abdomen
 - (2) To treat disorder of lower abdomen
 - (3) To treat disorder of small intestine
 - (4) To treat disorder of large intestine
- 55.** In scalp acupuncture, Reproductive area is situated
- (1) Lateral to thoracic area
 - (2) Medial to thoracic area
 - (3) Medial to gastric area
 - (4) All of the above are true

56. Patient is complaining of cough with thin and white expectoration since 4 days, soreness in throat, fever, body ache, nasal stuffiness. On examination pulse is superficial and tense, tongue has white coating. What is your diagnosis from this finding ?
- (1) Wind cold syndrome
 - (2) Wind heat syndrome
 - (3) Phlegm damp syndrome
 - (4) Heat damp syndrome
57. Which acupuncture point is used in emergency for malignant hypertension ?
- (1) Liv 1
 - (2) Sp 6
 - (3) H 7
 - (4) Liv 3
58. According to TCM, myopia by
- (1) Liver and urinary bladder Qi deficiency
 - (2) Liver and kidney Qi deficiency
 - (3) Liver and gall bladder Qi deficiency
 - (4) Liver and spleen Qi deficiency
59. According to TCM, depression is caused by
- (1) Stagnation of liver qi
 - (2) Stagnation of blood
 - (3) Heat in blood
 - (4) All of the above
60. Following is the best prescription for epigastric pain due to deficiency-cold of the spleen and stomach
- (1) BL 20, BL 21, RN 12 and ST 36
 - (2) BL 18, BL 21, RN 10 and ST 36
 - (3) BL 20, BL 21, RN 10 and ST 25
 - (4) BL 18, BL 21, RN 12 and ST 24

61. Pain in abdomen due to retention of food leads to

- (1) Heat in intestine
- (2) Blockage in fu organs
- (3) Deficiency of Qi in intestine
- (4) None of the above

62. Auricular point situated in the center of lobule is

- (1) Teeth
- (2) Jaw
- (3) Cheek
- (4) Eye

63. Zulinqi (GB 41) is the eighth confluent point of

- (1) The Du channel
- (2) The Dai channel
- (3) The Yangqiao channel
- (4) The Yangwei channel

64. GB 25 is mu front point of

- (1) Gall bladder
- (2) Kidney
- (3) Liver
- (4) Urinary bladder

65. Front mu point of sanjiao is

- (1) BL 22
- (2) Ren 5
- (3) Ren 6
- (4) SJ 6

- 66.** Which of the following points is not situated on the superior conchae ?
- (1) Kidney
 - (2) Heart
 - (3) Liver
 - (4) Appendix
- 67.** The general principles of acupuncture treatment are worked out under the guidance of the
- (1) Holistic concept and differentiation of syndromes
 - (2) Regulation of Yin and Yang
 - (3) Select points along the course of meridians
 - (4) Remove the excess and reduce the preponderance
- 68.** Following combination is used to treat golf elbow
- (1) Ashi points, LI 11, LI 10 and LI 4
 - (2) Ashi points, H 3, SI 8 and LI 4
 - (3) All of the above
 - (4) None of the above
- 69.** BL 40 is used for
- (1) Backache
 - (2) Skin disorder
 - (3) None of the above
 - (4) Both (1) and (2) are correct
- 70.** Following point is used for neck pain
- (1) Lu 7
 - (2) Li 4
 - (3) St 44
 - (4) BI 40