

40600
00904

**CERTIFICATE IN ADOLESCENT
HEALTH AND COUNSELLING**

Term-End Examination

December, 2014

**CNS-AH-002 : ISSUES AND CHALLENGES
DURING ADOLESCENCE**

Time : 3 hours

Maximum Marks : 70

Note : (i) *Attempt all questions.*

(ii) *Support your answers with examples.*

1. (a) Define the terms substance abuse and substance dependence.
(b) Discuss the factors which lead to substance abuse in adolescents.
(c) Describe the role of parents and teachers in preventing drug abuse. **2+2+8+3=15**

2. (a) List the common places and situation of sexual harassment.
(b) Enumerate the alarm signs of sexual harassment.
(c) Discuss the myths and misconcepts about it.
(d) Describe Do's and Don'ts you will explain to children. **3+3+5+4=15**

3. Discuss the role of teachers/parents about the followings : **3x5=15**
- (a) Adolescent aggression
 - (b) Dealing with indiscipline
 - (c) Effective dealing with bullying
4. (a) Explain the concept of Generic Life Skills.
- (b) List the Generic Life Skills and explain any four. **5+2+8=15**
5. Write short notes on **any two** of the following : **2x5=10**
- (a) Role of a teacher and parents in identification of scholastic backwardness
 - (b) Active listening in counselling
 - (c) Helping the students in revising and preparation of Exam
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