

00825

**BACHELOR OF ARTS (PSYCHOLOGY)**

**Term-End Examination**

**December, 2014**

**BPCE-017 : INTRODUCTION TO COUNSELLING  
PSYCHOLOGY**

*Time : 2 hours*

*Maximum Marks : 50*

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*Note : Answer **any five** questions. Each question is to be answered in about **500** words. All questions carry **equal** marks.*

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1. Discuss the stages of the counselling process. 10
2. Elucidate the process of counselling interview. 10
3. Define self concept. Explain the role of self concept in sustaining maladjustment. 3+7
4. What is defense mechanism ? Describe the different defense mechanisms. 2+8
5. What are the main features of cognitive theory of counselling ? Describe the different cognitive therapy techniques. 3+7
6. Discuss the significance of counselling adolescents. Describe the different ways / approaches of counselling adolescents. 3+7

7. Describe the different techniques of family counselling. **10**
8. Explain the importance of counselling in HIV/AIDS. **10**
9. Write short notes on the following : **5+5**  
(a) The Latency Stage  
(b) Assertiveness
10. Write short notes on the following : **5+5**  
(a) Genuineness  
(b) Free association
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