

**Master of Science in Counselling and Family  
Therapy**

**Term-End Examination**

**December, 2012**

**MCFT-007 : Counselling and Family Therapy  
Applications and Interventions**

*Time : 3 hours*

*Maximum Marks : 100*

*Note : Answer five questions in all. Question No. 1 is compulsory.*

1. Explain *any four* of the following in about 150 words each : 4x5=20
  - (a) Behaviour therapy
  - (b) Socio-cultural factors in separation/divorce
  - (c) Internalised homophobia
  - (d) Parentified child
  - (e) Impact of HIV in the family system
  - (f) Role of a counsellor/family therapist in prevention and treatment of substance use disorders.
  
2. With the help of examples, discuss the causes of school difficulties due to psychological factors. 20
  
3.
  - (a) Outline the significance of counselling and family therapy in the context of a child with disability. 10
  - (b) Explain, giving examples, the concept and aim of parent management training. 10

4. (a) What are the common areas of marital conflict in older couples in the Indian content ? 10
- (b) What guidelines would you adopt for assessment of marital conflict, as well as for interventions ? 10
5. Describe, giving examples, the problems faced by the counsellor or family therapist while dealing with joint and intended families. 20
6. (a) Analyse the role of the therapist when working with families coping with chronic illness. 5
- (b) Suppose you are a therapist working with a family that has a member with chronic illness. Discuss the areas that you would include in your assessment. 15
7. (a) What are the common reasons for deliberate self-harm ? 10
- (b) Discuss the primary focal areas in treatment of a case of deliberate self-harm. 10
8. (a) Describe the psychosocial support that should be provided to children in case of a disaster. Illustrate your answer with examples. 10
- (b) Discuss crisis in middle adulthood. 10
9. Discuss the key factors that influence the interface of gender and mental health. 20