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Master of Science in Counselling and Family  
Therapy/Post Graduate Diploma in Counselling  
and Family Therapy  
Term-End Examination  
December, 2012

MCFT-004 : COUNSELLING AND FAMILY  
THERAPY: APPLIED ASPECTS

Time : 3 hours

Maximum Marks : 100

Note : Answer five questions in all. Question No. 1 is  
compulsory.

1. Explain *any four* of the following : 4x5=20
  - (a) Cognitive reflection
  - (b) Physical arrangement of the therapeutic room
  - (c) Experiential awareness techniques
  - (d) Transference
  - (e) Issues during intake
  - (f) Circularity
  
2. Explain the role of therapeutic relationship in different modalities of psychotherapy. 20
  
3. Discuss the role of ethics in counselling. 20
  
4.
  - (a) Describe the essential qualities of a counsellor/family therapist. 10
  - (b) Discuss needs of counsellors and family therapists. 10

5. Discuss, giving examples, what impacts counselling /family therapy. 20
6. Highlight the role of verbal communication skills in family therapy process. 20
7. Explain the relationship building strategies that can be used in a therapeutic climate. 20
8. (a) Analyse sources of counter transference of feelings. 10
- (b) Discuss resolution of counter transference of feelings. 10
9. Write short notes on *any two* of the following :
- (a) Role of counsellor in a situation of abuse.
- (b) Difficult situations in counselling 2x10=20
- (c) Difficulties in reflecting
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