

**MASTER OF SCIENCE IN COUNSELLING AND
FAMILY THERAPY /
POST GRADUATE DIPLOMA IN
COUNSELLING AND FAMILY THERAPY**

Term-End Examination

December, 2012

MCFT-002 : MENTAL HEALTH AND DISORDERS

Time : 3 hours

Maximum Marks : 100

Note : Answer five questions in all. Question No. 1 is compulsory.

1. Define *any ten* of the following in 2 - 3 sentences

each :

10x2=20

- (a) Mental disorder
- (b) Paraplegia
- (c) Psychiatric disability
- (d) IEP
- (e) Adaptive skills
- (f) REM
- (g) Dysthemia
- (h) Rituals in neurosis
- (i) Free floating anxiety
- (j) Panic attack
- (k) Hallucinogens
- (l) Inhalants
- (m) Mood
- (n) Problem - focussed coping

2. (a) Differentiate between ICD - 10 and DSM - IV. 10
(b) Explain *any five* of the following acronyms : 5x2=10
(i) F00 - F09
(ii) F40 - F49
(iii) F70 - F79
(iv) F80 - F89
(v) Section 8 of DSM - IV
(vi) Section 9 of DSM - IV
(vii) Section 12 of DSM - IV
3. Discuss psychosocial management of severe mental illness. 20
4. Explain the role of community members in fostering the overall development of persons with : 20
(a) Mental retardation
OR
(b) Hearing impairment
5. Discuss the various psychiatric disorders that could be present in cancer patients. 20
6. (a) Define personality disorders. 5
(b) Explain classification of personality disorders. 5
(c) Discuss characteristics of any two individual personality disorders. 5+5=10

7. (a) Classify common disorders of childhood and adolescence. 5
- (b) Discuss causes of childhood and adolescent psychiatric disorders. 5
- (c) Explain the assessment of childhood and adolescent disorders. 10
8. (a) Distinguish between disability, impairment and handicap. 10
- (b) Discuss how a society truly inclusive of persons with disabilities be created in the context of the region you belong to. 10
9. Write short notes on *any four* of the following : 4x5=20
- (a) Visual impairment
- (b) Deaf - blindness
- (c) Genetic counselling
- (d) Dimensions of positive mental health
- (e) Chronic illness
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