

M.A. IN PSYCHOLOGY (MAPC)

Term-End Examination

December, 2012

MPCE-023 : INTERVENTIONS IN COUNSELLING

Time : 2 hours

Maximum Marks : 50

*Note : All questions carry equal marks. Answer any five questions. Each question is to be answered in about 500 words.*

1. Describe the different insight therapies. 10
2. Critically evaluate interpersonal counselling. 10
3. Describe the nature and symptoms of ADHD. 5+5  
Discuss the techniques for the treatment of ADHD.
4. Describe the causes and treatment for Autism Spectrum Disorder (ASD). 4+6
5. What are the basic assumptions of cognitive behaviour therapy? Give suitable examples. 10
6. What is solution focussed counselling? Discuss its application. 5+5

7. What do you mean by client centred 5+5 counselling ? Discuss the importance of the term 'Fully Functioning Person' in this context.
  8. Define eclectic counselling. Discuss its merits and 5+5 demerits.
  9. Describe the application of counselling in different 10 settings.
  10. Write short notes on *any two* of the following : 5x2=10
    - (a) Psychodynamic counselling
    - (b) Multisensory approach to LD
    - (c) Separation anxiety
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