

M.A. IN PSYCHOLOGY (MAPC)

Term-End Examination

December, 2012

MPCE-013 : PSYCHOTHERAPEUTIC METHODS

Time : 2 hours

Maximum Marks : 50

Note : *Answer any five questions. All questions carry equal marks. Each question is to be answered in about 500 words.*

1. Describe the steps and techniques cognitive behaviour therapy. 10
2. How does operant conditioning procedure function as a technique of behaviour modification. Discuss with suitable examples. 10
3. Give a brief account of the four major techniques used in psychoanalytic therapy. 10
4. Discuss the application of solution focused therapy. 10
5. What are the ways in which anxiety could be treated in adolescents? Discuss. 10

6. Discuss the strategies used in Carl Rogus' client centered therapy. 10
7. Write short notes on the following : 5+5
- (a) Family Psychotherapy
 - (b) Group Psychotherapy
8. What is integrative psychotherapy? Highlight its techniques. 10
9. What do you understand by interpersonal psychotherapy? Discuss its techniques. 10
10. Write short notes on the following : 5+5
- (a) Psychotherapy for cancer patients.
 - (b) Play therapy.
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