

BACHELOR OF ARTS (PSYCHOLOGY)

Term-End Examination

December, 2012

00984

**BPCE-017 : INTRODUCTION TO COUNSELLING
PSYCHOLOGY**

Time : 2 hours

Maximum Marks : 50

Note : Attempt five questions in all. Each question is to be answered in about 500 words. All questions carry equal marks.

1. Define Counselling. Discuss the characteristics of counselling relationship. **4+6**
2. Describe the four phases of counselling process. **10**
3. Discuss and put forward the basic concepts of person-centered approach to counselling. **10**
4. Explain the various methods used in Behaviour therapy. Support your answer with relevant examples. **10**
5. Discuss the various approaches to family counselling. **10**

6. What is the role of a counsellor in a school following a traumatic event ? 10
7. Discuss the evolution of the concept of family counselling. 10
8. Explain the basic tenets and process of Cognitive Behavioural approach in counselling. 10
9. When and under what circumstances, individual counselling is suggested for students ? Explain. 10
10. Write short notes on the following : 5+5
- (a) Ethical issues in counselling
 - (b) Transference and countertransference
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