

00523

**CERTIFICATE IN ADOLESCENT  
HEALTH AND COUNSELLING  
(CAHC)**

**Term-End Examination**

**December, 2013**

**CNS-AH-001 : FUNDAMENTAL OF  
ADOLESCENCE**

*Time : 3 hours*

*Maximum Marks : 70*

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*Note : (i) Attempt all questions.*

*(ii) Support your answer with examples.*

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1. (a) Explain the meaning of adolescence. **2+8+5=15**  
(b) Describe the challenges faced by adolescents.  
(c) Discuss the role of a teachers for healthy adolescence period.
2. (a) Discuss the psychosocial changes during adolescence. **5+6+4=15**  
(b) Describe the issues related to these changes  
(c) Explain the influence of Peer Group or adolescent on psychosocial changes.
3. Discuss the Myths and Misconception related to adolescent growth. **15**
4. Write in **two to three** lines about the followings :  
(a) Psychosocial and emotional abuse in adolescents. **5x3=15**  
(b) Gender Sensitisation.  
(c) Ovulation and Fertilization.  
(d) Masturbation and Nocturnal emission.  
(e) Cognitive Transition in adolescents.

5. Write short notes on **any two** of the following :
- (a) Characteristics of developing value system.
  - (b) Role and Responsibilities of parents in preventing adolescent pregnancy. **2x5=10**
  - (c) Role of teacher in helping adolescent for handling poor body image.
  - (d) Characteristics of adolescence.
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