

**Master of Science in Counselling and Family
Therapy**

Term-End Examination

December, 2013

**MCFT-007 : Counselling and Family Therapy
Applications and Interventions**

Time : 3 hours

Maximum Marks : 100

Note : Answer five questions in all.

Question No. 1 is compulsory.

1. Explain **any four** of the following in about **150** words each : **4x5=20**
 - (a) Gender issues in counselling
 - (b) Relapse Prevention
 - (c) Causes of self harm
 - (d) Cohabitation
 - (e) Pink elephant in the room
 - (f) Effect on the perpetrator of sexual abuse and his family
 - (g) Stress and yoga

2. What suggestions would you give to a client who comes with his 12 year old son facing tremendous school difficulties ? **20**

3.
 - (a) Discuss critique of child therapies in detail.
 - (b) Giving examples , discuss do's and dont's in counselling / therapy involving children.**10+10**

4. Discuss with examples, the concept of structurally nuclear and functionally joint family. What would be the key problems the family therapist / counsellor would face in such a case ? 20
5. What do you understand by “ Coming Out ”? Describe its effects in and on the family. 20
6. (a) Explain how families cope with terminal illness ? 10
(b) Enumerate a few situations in which chronic illness enforces reversal of customary gender roles. 10
7. What role can a counsellor / family therapist play in the prevention and treatment of substance use disorders ? 20
8. (a) Discuss the elements of crisis intervention. 10
(b) What advice would you give to the children survivors of a disaster ? 10
9. What do you understand by harassment and abuse ? Describe different types of harassments you see occurring in your region. 20
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