

**MASTER OF SCIENCE IN COUNSELLING AND
FAMILY THERAPY**

Term-End Examination

December, 2013

MCFT-006 : APPLIED SOCIAL PSYCHOLOGY

Time : 3 hours

Maximum Marks : 100

Note : *Answer five questions in all.*

Question No. 1 is compulsory.

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1. Write short notes in about **150** words each, on **any four** of the following : **4x5=20**
 - (a) Altruism and empathy
 - (b) Characteristics of adjustment
 - (c) Self - efficacy
 - (d) Sexually transmitted diseases
 - (e) Resilience
 - (f) Effects of cohabitation

 2. Discuss in detail any one of the theoretical approaches to understand culture and socialization. **20**

 3.
 - (a) Describe functions of non-verbal communication. **10**
 - (b) With the help of an illustration, explain elements of non - verbal communication. **10**

 4.
 - (a) Identify the issues associated with the needs of the reconstituted individuals after separation and divorce . Give examples to support your answer. **10**
 - (b) What are some of the alternatives and future options after separation and divorce ? Give some examples. **10**

5. (a) How are chronic conflicts different from episodic conflicts ? 5
(b) With the help of examples, discuss strategies to resolve family conflicts effectively. 15
6. (a) What is the importance of love and commitment in intimate relationships ? 10
(b) Discuss the points of concern in intimate relationships. 10
7. (a) What do you understand by prosocial behaviour ? 5
(b) Discuss personal determinants of prosocial behaviour. Give examples to support your answer. 15
8. (a) Describe the various dimensions of well-being. 10
(b) Analyse the inter - relationship between emotions and well-being. 10
9. (a) Giving examples , discuss the impact of schemas on social cognition. 10
(b) Outline the basic modes of social thinking, and how our behaviour is impacted by the same. 10
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