

00480

**MASTER OF SCIENCE IN COUNSELLING AND
FAMILY THERAPY /
POST GRADUATE DIPLOMA IN
COUNSELLING AND FAMILY THERAPY**

Term-End Examination

December, 2013

MCFT-002 : MENTAL HEALTH AND DISORDERS

Time : 3 hours

Maximum Marks : 100

Note : Answer five questions in all.

Question No. 1 is compulsory.

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1. Define any ten of the following in 2-3 sentences each : 10x2=20
- (a) Schizophrenia
 - (b) Pica
 - (c) Eustress
 - (d) Mood
 - (e) Dementia
 - (f) Sedative
 - (g) Bereavement
 - (h) Obsessions
 - (i) OCD
 - (j) Psychosocial rehabilitation
 - (k) IQ
 - (l) Phobia
2. (a) Give an overview of various types of mental health problems prevalent in our country. 10
- (b) Describe national mental health programme during the eleventh five year plan. 10

3. (a) Discuss the mental health problems associated with skin diseases. 10
- (b) Outline the psychosocial intervention that you would recommend for an individual with chronic physical illness. 10
4. (a) Describe the examination of a patient with cognitive disorders. 10
- (b) Discuss management of dementia including the non-pharmacological therapies that may be used for the purpose. 10
5. (a) With the help of an example, explain how you would identify whether or not a person is suffering from schizophrenia. 10
- (b) Explain family based interventions which could be used with patients of schizophrenia. 10
6. (a) Give a case vignette of adjustment disorder and list down the clinical features which help in identifying the condition. 10
- (b) Discuss management of neurotic disorders. 10
7. (a) What is depression ? 5
- (b) With the help of an example(s), explain how depression affects the individual. 10
- (c) As a family therapist, how would you treat a patient suffering from depression ? 5

8. (a) Explain the role of community members in providing a caring and inclusive environment, with respect to children with mental retardation. Give example to support your answer. **10**
- (b) Outline the necessary interventions for persons with hearing impairment. **10**
9. (a) Outline any ten myths associated with persons with disabilities. **10**
- (b) What factors should a counsellor/family therapist consider while working with persons with disabilities ? **10**
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