

**MASTER OF SCIENCE IN COUNSELLING AND
FAMILY THERAPY / POST GRADUATE
DIPLOMA IN COUNSELLING AND FAMILY
THERAPY**

Term-End Examination

December, 2013

**MCFT-001 : HUMAN DEVELOPMENT AND
FAMILY RELATIONSHIPS**

Time : 3 hours

Maximum Marks : 100

Note : Answer five questions in all.

Question No. 1 is compulsory.

1. Write short notes on **any four** of the following :
 - (a) Ecological theory **5x4=20**
 - (b) Actualising tendency
 - (c) Types of reinforcers
 - (d) Identity crisis
 - (e) Maternal factors which influence prenatal development
 - (f) Functions of a theory
 - (g) Empty nest syndrome

2.
 - (a) With the help of examples, discuss the biological and environmental influences on human development. **10**
 - (b) Describe the child birth process, and the complications that can occur during the delivery. **10**

3. (a) Describe the structure of personality, as propounded by Freud. 10
 (b) What does the term "defense mechanisms" mean? Briefly explain any four defense mechanisms. 10
4. (a) Describe the key elements and significance of vygolsky's social cognitive theory. 10
 (b) How is classical conditioning different from operant conditioning? Explain with the help of examples. 10
5. (a) Describe any two alternate forms of family, and the implications of the same for the family members. 10
 (b) Highlight the key elements of the developmental theory with reference to the family. 10
6. (a) State the meaning and the importance of understanding the 'Family Life Cycle'. 5
 (b) Analyse the domains of adjustment and challenges faced by families with teenagers in India. 15
7. (a) Explain the effects of contracting families on the original conjugal couple. 10
 (b) Discuss the developmental tasks in young and middle adulthood years. 10
8. (a) What do you understand by the term "social systems"? Explain with the help of an example. 5
 (b) Discuss the key features, and empirical applications of the structural-functional theory with reference to the family. 15

9. (a) What is the impact of technology, media and globalisation on family dynamics? Discuss, giving examples. 10
- (b) Describe the major determinants of roles in an Indian family. 10
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