

MASTER OF ARTS (PSYCHOLOGY)

Term-End Examination

December, 2019

03493

MPCE-013 : PSYCHOTHERAPEUTIC METHODS

Time : 2 hours

Maximum Marks : 50

Note : All sections are compulsory.

SECTION A

Answer any two of the following questions in about

450 words each :

2×10=20

1. Discuss Object Relations Theory. 10
2. Elucidate the clinical application of attachment theory. 10
3. Define Couples therapy. Discuss the various approaches for Couples therapy. 3+7
4. Discuss the various perspectives of psychotherapy for adolescents. 10

SECTION B

Answer any **four** of the following questions in about
250 words each :

4×6=24

5. Differentiate between psychoanalysis and analytical psychology. 6
6. Define contingency contracting and discuss the areas of application of behaviour modification. 2+4
7. Discuss the various interventions of solution-focused therapy. 6
8. Explain projective identification and empathy in psychodynamic couples therapy. 3+3
9. Discuss psychotherapy with people in middle adulthood. 6

SECTION C

Write short notes on any two of the following in about 100 words each :

2×3=6

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| 10. Psychic Determinism | 3 |
| 11. Counter Conditioning | 3 |
| 12. Eclecticism | 3 |
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