

**01038**

**POST BASIC  
BACHELOR OF SCIENCE (NURSING)**

**Term-End Examination**

**June, 2009**

**BNS-108 : MENTAL HEALTH NURSING**

*Time : 3 hours*

*Maximum Marks : 70*

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*Note : Attempt all questions.*

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1. (a) Define nurse-patient relationship. **2+4+2+7=15**  
(b) State the goals of nurse-patient relationship.  
(c) List the phases of nurse-patient relationship.  
(d) Explain the tasks and barriers of orientation phase. Support your answer with experiences from clinical setting.
  
2. (a) Define affective disorders. **2+2+3+8=15**  
(b) List the signs and symptoms of depression.  
(c) Explain the medical management of depression.  
(d) Describe nursing management of a patient with depression (use nursing process).

3. (a) Define Psychiatric emergency. **2+4+5+4=15**  
(b) Explain common psychiatric emergencies.  
(c) Describe the role of a nurse at primary level of prevention.  
(d) What are the different methods of admitting a patient with mental disorders ?
4. Write short notes on *any three* of the following : **5x3=15**  
(a) Defense Mechanisms.  
(b) Psychosocial factors causing mental illness with examples.  
(c) Nursing management of patient with organic mental disorders.  
(d) Post - traumatic stress disorders and its management.  
(e) Nursing management of a patient with obsessive compulsive disorder.  
(f) Role of a nurse while administering antidepressants.  
(g) Behavioural psychotherapy and nurses role.
5. Discuss the basic principles of psychiatric nursing. Support your answers with suitable examples. **10**

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