

**SERVICES FOR THE MENTALLY ILL (MPC-054)
TUTOR MARKED ASSIGNMENT (TMA)**

Course Code: MPC-054

Assignment Code: MPC-054/ASST/TMA/July 2022-January 2023

Marks: 100

NOTE: All Questions Are Compulsory.

The answers are to be written in own words. Do not copy from the course material or any other source.

SECTION A

Answer the following questions in 1000 words each.

3 x 15 = 45 Marks

1. Explain community mental health and describe various community mental health models.
2. Explain the concept of counselling and guidance and describe its assessment techniques.
3. Discuss the meaning, importance and process of documentation in mental health.

SECTION B

Answer the following questions in 400 words each.

5 x 5 = 25 Marks

4. Describe the myths and misconceptions about mental illness.
5. Explain the community mental health in Indian context.
6. Explain Rehabilitation Council Act of India.
7. Describe Indian Disability Evaluation and Assessment Scale (IDEAS)
8. Describe various schools of psychotherapy.

SECTION C

Answer the following questions in 50 words each.

10 x 3 = 30 Marks

9. Community care of mentally ill.
10. Domestic Violence Act.
11. Importance of community based research.
12. Psychosocial rehabilitation
13. Mental fitness certificate
14. Aims of psychotherapy.
15. Individual and group therapy.
16. Automatic thoughts
17. Positive mental health
18. Policies and planning

**MENTAL HEALTH IN SPECIAL AREAS (MPC 053)
TUTOR MARKED ASSIGNMENT (TMA)**

**Course Code: MPC - 053
Assignment Code: MPC - 053/ASST/TMA/July 2022-January 2023
Marks: 100**

NOTE: All questions are compulsory.

SECTION – A

Answer the following questions in about 1000 words each.

3x15 = 45 marks

1. Explain the concept of marriage. Discuss issues in marital relationship affecting mental health.
2. Discuss the factors affecting mental health in women.
3. Explain the impact of mental health problems at workplace. What are the risk factors that contribute to mental health problems at the workplace.

SECTION – B

Answer the following questions in about 400 words each.

5 x 5 = 25 marks

4. Explain the cognitive disorders in the older population.
5. Describe the management of sexual dysfunction.
6. Explain functional behavioural assessment.
7. Explain the interventions for behavior addictions.
8. Discuss the psychological approaches to treatment of alcoholism.

SECTION – C

Answer the following questions in about 50 words each.

10 x 3 = 30 marks

9. Asperger's disorder
10. Aversion therapy
11. Play therapy
12. Self-report
13. Spina bifida
14. Mnemonic method
15. Diagnosis of specific learning disability
16. Genetic counseling
17. 12-step facilitation therapy
18. Multisystemic therapy

MENTAL DISORDERS (MPC-052)

Tutor Marked Assignment (TMA)

Course Code: MPC-052

Assignment Code: MPC-052/ASST/TMA/July 2022- January 2023

Marks: 100

Note: All questions are compulsory.

SECTION-A

Answer the following questions in about 1000 words each. 3 x 15 = 45 marks

1. Describe the modern system of classification of mental disorders.
2. Explain the clinical features and signs of an episode of mania and depression.
3. Discuss the elements of history taking and recording.

SECTION-B

Answer the following questions in about 400 words. 5 x 5 = 25 marks

4. Explain the clinical features of schizophrenia.
5. Discuss the clinical features and treatment of panic disorder.
6. Explain dissociative disorders.
7. Elucidate the clinical features and treatment of sleep disorders.
8. Explain special methods to assess mental health.

SECTION-C

Answer the following questions in about 50 words. 10 x 3 = 30 marks

9. Principles for classification of mental disorder
10. Cognitive behaviour therapy for depression
11. Treatment of posttraumatic stress disorder
12. Management of personality disorders
13. Closing of interview
14. Case formulation and diagnosis
15. Conduct disorder
16. Course of substance use disorders
17. Catatonic behaviour in various psychiatric illnesses
18. Conation

FUNDAMENTALS OF MENTAL HEALTH (MPC 051)
TUTOR MARKED ASSIGNMENT (TMA)

Course Code: MPC 051

Assignment Code: MPC 051/ASST/TMA/July2022-January2023

Marks: 100

NOTE: All questions are compulsory.

SECTION A

Answer the following questions in about 1000 words each.

Marks 15x3=45

1. Discuss the developmental related theories.
2. Elaborate the historical perspectives of mental illness and mental health.
3. Critically explain the models of humanistic psychology.

SECTION B

Answer the following questions in about 400 words each.

Marks 5x5=25

4. Discuss the sociological theories related to mental health.
5. Discuss the various causes of abnormality.
6. Elucidate attention as one of the cognitive function.
7. Describe the classical conditioning theory.
8. Explain the eastern concept of mind.

SECTION C

Answer the following in about 50 words each.

Marks 10x3=30

9. Leadership and social power
10. Functional perspectives of normality
11. Phases of conative style
12. Utilitarian concept of mental health
13. Dualistic view towards biological basis of body and mind
14. Brain disease
15. Evolution of adaptive mechanisms
16. Defense mechanisms
17. Mental health as resilience
18. Mesmerism and hypnotism