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**Post Graduate Diploma in
Geriatric Medicine (PGDGM)**

**ASSIGNMENTS
2023
MME 004/AS 1**

School of Health Sciences
**Indira Gandhi National Open University
Maidan Garhi, New Delhi -110 068 2018**

Dear Student,

There are two assignments in total and **both** these assignments are compulsory. Please note that the assignments carry a weightage of 30% marks towards the final evaluation in theory component and **submission of related assignments is a prerequisite** for appearing in theory term-end examination for respective papers. The subject area of assignments and its last date of submission are mentioned below:

Last Date of Submission *	Course Code	Blocks Involved	Assignment Code
August 30, 2023	MME-004	Blocks 1 to 6	MME-004/AS-1/2023

* For students appearing in term-end theory examination of June 2023, the last date of submission of assignments will be May 15th, 2023 instead of August 30, 2023 respectively.

Please take note of the following points before writing your assignments:

- Use only foolscap size paper for writing your responses. Only handwritten assignments will be accepted. Typed or printed copies of assignments will not be accepted.
- Tie the pages after numbering them carefully.
- Write the question number with each answer.
- All the questions are compulsory.
- Every assignment will be evaluated out of a full mark of 100. Weightage is indicated in parenthesis against each question.

Suggestions for writing an assignment:

Read the assignments carefully. Go through the units on which the answers are based. Draw a rough outline of your answer. Make a logical order. Then write your answer neatly and submit. Give illustrations and tables wherever necessary. Do not copy the answers from the Blocks.

Answer each assignment in separate sheets. On the first page of the assignment response sheet, write the Course Code, Course Title, Assignment Code, Name of your Programme Study Centre and Date of Submission. Your Enrolment No., Name and Full address should be mentioned in the top right corner of the first page. The first page of your response sheet should look like the format given.

Please attach a xerox copy of the assessment sheet (provided in the Programme Guide) to your assignment for the counselors to write their comments and **submit the assignments to your Programme In-charge only**. You may keep a xerox copy of the answer sheets for future reference.

Course Code _____	Enroll No. _____
Course Title _____	Name _____
Assignment Code _____	Address _____
PSC _____	_____
Date of Submission _____	_____

MME-004: Basic Geriatrics

(Blocks 1 to 6)

Course Code: MME-004
Assignment Code: MME-004/AS-1/2023
Maximum Marks: 100
Due Date: August 30, 2023

Answer all the questions

Write short notes on the following:

(10×10=100)

1. Vaccines for elderly
2. Rehabilitation approaches in India
3. Physical activity and aging
4. Risk factors in elderly for pathogenesis of disease
5. Barriers to a successful educational programme
6. Criteria and types for screening
7. Determinants of active and graceful aging
8. Walking aids.
9. Management of undernutrition in elderly.
10. Specific issues in health education for older people