



**Post Graduate Diploma in Geriatric
Medicine (PGDGM)**

ASSIGNMENTS

2023

PGDGM/MME-106/AS1-2

IGNOU

School of Health Sciences
Indira Gandhi National Open University
Maidan Garhi, New Delhi-110068
2023

Dear Student,

As explained in the Programme Guide, there are nine assignments in total and **all** these assignments are compulsory. Please note that the assignments carry a weightage of 30% marks towards the final evaluation in theory component and **submission of related assignments is a prerequisite** for appearing in theory term-end examination for respective papers. The subject area of assignments and its last date of submission are mentioned below:

Last Date of Submission*	Course Code	Blocks Involved	Assignment Code
November 15, 2023	MME-106	1and2	MME-106/AS-1
November 30, 2023	MME-106	3and4	MME-106/AS-2

Please take note of the following points before writing your assignments:

- Use only foolscap size paper for writing your responses. Only hand written assignments will be accepted. Typed or printed copies of assignments will not be accepted.
- Tie the pages after numbering them carefully.
- Write the question number with each answer.
- **All the questions are compulsory.**
- Every assignment will be evaluated out of a full mark of 100. Weightage is indicated in parenthesis against each question.

Suggestions for writing an assignment:

Read the assignments carefully. Go through the units on which the answers are based. Draw a rough outline of your answer. Make a logical order. Then write your answer neatly and submit. Give illustrations and tables wherever necessary. You may keep a Xerox copy of the answer sheets for future reference.

Answer each assignment in separate sheets. On the first page of the assignment response sheet, write the course code, course title, assignment code, name of your programme study centre and date of submission. Your Roll No., Name and Full address should be mentioned in the top right corner of the first page. The first page of your response sheet should look like the format given.

Course Code _____	Roll No. _____
Course Title _____	Name _____
Assignment Code _____	Address _____
PSC _____	_____
Date of Submission _____	_____

Please submit the assignments to your Coordinator only.

Assignment-1 (Blocks1&2)

Course Code: MME-106
Assignment Code: MME 106/AS-1
Maximum Marks: 100
Due Date: November 15, 2023

Answer all the questions

- 1) Answer the following questions within 750 words. (2 X20=40)
- A. 70 year old female, known diabetic for 15 years comes with edema of feet, BP 160/100 and minimal ye
- Q1) What is your diagnosis
 - Q2) What will urine examination show?
 - Q3) How will you treat?
- B. A 70 years old male patient who is chronic smoker presented with complaints of change of voice since 3 months. It is also associated with mild difficulty in swallowing. He has been taking over the counter medications since 3 months but has not seen any improvement in the symptoms. Since past one week attendants have noted that he has mild noise while taking breath.
- a. What is your diagnosis?
 - b. What investigations would you order?
 - c. What medications would you prescribe?
 - d. What will the further management plan?
 - e. What surgical intervention would you advise to the patient?
- 2) Answer the following questions with in 300 words. (10X 6=60)
- a) Etiology of Hypokalemia in elderly
 - b) Enumerate differences between AKI, CKD and AKI on CKD
 - c) Non-pharmacological management of obesity?
 - d) Classification criteria of Spondyloarthropathy
 - e) Enumerate the physiological changes of aging in the cochlea
 - f) Describe common adverse drug eruptions that we come across in the elderly with polypharmacy.

Assignment-2 (Blocks 3 & 4)

Course Code: MME-106
Assignment Code: MME-106/AS-2
Maximum Marks: 100
Due Date: November 30, 2023

Answer all the questions

- 1) Answer the following questions within 750 words. (2 X20=40)
- a) A 70 year old female patient presents with continuous cough and pain in right side of chest, low grade fever, severe weight loss and anorexia since a month. Her daughter in law reported that she had been fasting for 9 days for religious reasons and is in the habit of taking bath in cold water early in the morning, though there was a chill in the weather. Daughter in law also said that the patient had always been lean and thin.
- b) A 65-year-old lady presents to the emergency room with a sudden onset of severe vertigo associated with vomiting. What examinations would you perform on this patient? What seems to be the likely diagnosis?
Hints: examination should be performed. Central nervous system cause of vertigo, such as stroke event seems likely.
- 2) Answer the following question within 300words. (10X 6=60)
- a. What are the issues related to malignancy in old age?
- b. Write a short note on risk factors and screening for colorectal cancers in the elderly.
- c. Discuss the unique features of accidents in elderly
- d. Pre hospital management of elderly trauma victims
- e. Triaging a patient of accident
- f. Write a short note on Confusion Assessment Method.