

Post Graduate Diploma in Social Work Counselling (PGDCOUN)

Assignment: 2023-2024

Course Titles

MSW-001	: Origin and Development of Social Work
MSW-012	: Introduction to Life Characteristics and Challenges
MSW-013	: Introduction to Psychological Basis of Counselling
MSW-014	: Relevance of Social Case Work in Counselling
MSW-015	: Basics of Counselling
MSW-016	: Fields of Counselling

Last Date of Submission of Assignments to the Study Centre

July, 2023 Session – March 31, 2024

January, 2024 Session – September 30, 2024



**School of Social Work
Indira Gandhi National Open University
Maidan Garhi, New Delhi – 110 068**

Dear Learner,

Welcome to the PGDCOUN programme of IGNOU. You have purposefully chosen to become a post graduate in Social Work Counselling to contribute towards improving the social conditions of people. To successfully complete your PGDCOUN program, kindly follow the following tips:

- Read the programme guide before you begin your studies. It will clarify most of your doubts regarding how to go about doing the PGDCOUN Program from IGNOU.
- Submit your assignments to the Study Centre on time.
- Be in touch with your Study Centre and Regional Centre
- Meet your Field Work Supervisor (FWS) at the Study Centre for Fieldwork Supervision
- Fill up the examination form on time.

Assignments are open book examination and we at IGNOU assign 30 per cent weightage to the assignment while calculating the overall grade for each course. **Assignments are to be handwritten and duly signed before its submission in the Study Centre.** In order to prepare a good set of assignment responses, you must first of all read the units) from which a particular question has been framed. Discuss with your peer-group and academic counselors who teach you. Prepare a draft, do the necessary correction on it and then, prepare the final version for submission to the Study Centre.

Make sure that each answer starts on a new page. For long and medium answers, ensure that there is an introduction, sub-titles, body and a conclusion. One line should be left between each paragraph. Make sure your answers are specific and in your own words and do not copy from books. Your answers will be exclusively based on the IGNOU materials only. Preparation of assignments is preparation for your term-end examination. Therefore take the assignments seriously.

(Dr.N.Ramya)
Programme Coordinator

Origin and Development of Social Work ASSIGNMENT

Course Code: MSW-001
Total marks: 100

Note: (i) Answer all the **five** questions.

(ii) **All** questions carry **equal** marks.

(iii) Answers to question no. **1** and **2** should not exceed **600** words each.

1. Discuss about the historical milestones in the development of social work and social welfare. 20

OR

Trace the history of social work in Europe. 20

2. Explain Generalist practice. Give reasons as to why it is relevant in India. 20

OR

What is the NASW Code of Ethics? Explain the purpose of the NASW Code of Ethics. 20

3. Answer any two of the following questions in about 300 words each:

- a) What are the advantages of offering social work through the Distance Mode? 10
- b) Explain the development of social work practice in Africa. 10
- c) Enlist the values, principles and ethics of professional social work. 10
- d) Define the relevance of NASW code of ethics. 10

4. Write short notes on any four of the following in about 150 words each:

- a) Briefly write about social work in a 'Postmodern Society' 5
- b) Describe Charity, Voluntary Action and Shramdan. 5
- c) List the essential components of Social Action. Explain any one. 5
- d) Explain Pre-industrial, Modern, and Postmodern Social Welfare in the United Kingdom. 5
- e) Discuss About Social Work and Modern Society. 5
- f) Explain Social Justice with relevant example 5

5. Write short notes on any five of the following in about 100 words each:

- a) Generalist Practice 4
- b) Skidmore definition of Social Welfare Administration 4
- c) Growth of social work in Pacific Region 4
- d) Social work research 4
- e) Objectives of Social Work 4
- f) Advantages of Group Work 4
- g) Importance of Case Work 4
- h) Application of community work

Introduction to Life Characteristics and Challenges ASSIGNMENT

Course Code: MSW-012
Total Marks: 100

Note:

- i) Answer all the five questions.
 - ii) All questions carry equal marks.
 - iii) Answer to question no. 1 and 2 should not exceed 600 words each.
1. Explain the meaning of Human development. Discuss the Developmental Themes in Infancy and Childhood. 20

Or

 Highlight the Psychological and Social Challenges in Adolescence 20
 2. Discuss the eight stages of family life cycle. 20

Or

 Explain the changing Demographic Situation. 20
 3. Answer any two of the following questions in about 300 words each:
 - a) Describe the role of parenting and socialization in moral development. 10
 - b) Enlist the developmental tasks encountered during adolescence. 10
 - c) Parenting Skills and Child Development 10
 - d) Explain the Societal Response and Counsellor's Role with Old age people. 10
 4. Attempt any four of the following in about 150 words each:
 - a) Highlight the Cognitive Development during Infancy and Childhood. 5
 - b) Enlist the Influencing Factors of Adolescent Behaviour. 5
 - c) Explain the Role of Parents in the Life and Development of Adolescents. 5
 - d) Explain the stages of emotional development. 5
 - e) Mention the Characteristics of Old Age. 5
 - f) Describe the roles played by the elderly in agrarian and medieval society 5
 5. Write short notes on any five of the following in about 100 words each:
 - a) Self-esteem 4
 - b) Giftedness 4
 - c) Spiritual development 4
 - d) Peer-culture 4
 - e) Stages of parenthood 4
 - f) Self-Control 4
 - g) Phenomenological Theory 4
 - h) Active ageing 4

Introduction to Psychological Basis of Counselling

ASSIGNMENT

Course Code: MSW-013
Total marks: 100

Note: (i) Answer all the **five** questions.

(ii) **All** questions carry **equal** marks.

(iii) Answers to question no. **1** and **2** should not exceed **600** words each.

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|--|----|
| 1) Discuss the major types of transactional analysis and its uses. | 20 |
| Or | |
| Highlight the salient features of Erikson's stages of psychosocial development. | 20 |
| 2) Present the signs, symptoms, causes and treatment of hyperkinetic disorders. | 20 |
| Or | |
| Enlist the symptom and causes of dementia. | 20 |
| 3) Answer any two of the following questions in about 300 words each: | |
| a) Explain the 'Five Factor Model' of personality? | 10 |
| b) Mention any five applications of social psychology . | 10 |
| c) Define abnormality and specify the distinguishing criteria. | 10 |
| d) Present the diagnostic criteria of schizophrenia. | 10 |
| 4) Answer any four of the following questions in about 150 words each: | |
| a) Describe any three branches of psychology? | 5 |
| b) Enlist the characteristics of attitude. | 5 |
| c) What are the importance of group dynamics? | 5 |
| d) Mention the ways to manage threats towards social diversity . | 5 |
| e) Write the major symptoms of post-traumatic stress disorder . | 5 |
| f) Explain unipolar depression. | 5 |
| 5) Write short notes on any five of the following questions in about 100 words each: | |
| a) Functionalism | 4 |
| b) Group Cohesiveness | 4 |
| c) Casteism | 4 |
| d) Social Learning | 4 |
| e) Agoraphobia | 4 |
| f) Interpersonal Therapy | 4 |
| g) Codependency | 4 |
| h) Dissociative Fuge | 4 |

Relevance of Social Case Work in Counselling ASSIGNMENT

**Course Code : MSW-014
Total marks: 100**

Note: (i) Answer all the **five** questions.

(ii) **All** questions carry **equal** marks.

(iii) Answers to question no. **1** and **2** should not exceed **600** words each.

- 1) Discuss the principles of case worker client relationship in details. 20
Or
Justify the role of social case worker in health care with suitable example. 20
- 2) Trace the history of Correctional Settings in India. 20
Or
Enlist different types of problem in family . What are the strategies used by a case worker for solving problems in family? 20
- 3) Answer any two of the following questions in about 300 words each:
- a) Discuss the role of community case worker with relevant examples. 10
 - b) Define the role of counseling with in case work. 10
 - c) What are the attributes of case work relationship? Explain. 10
 - d) Discuss motivation enhancement theory. 10
- 4) Answer any four of the following questions in about 150 words each:
- a) How case work is is perceived by practitioners in India? 5
 - b) Define roles and responsibilities of correctional case worker . 5
 - c) What are assumptions of social case work in correction? 5
 - d) Briefly explain the fields of case work practice. 5
 - e) What are the emerging roles of social case workers in post-pandemic health care? 5
 - f) What are various ethical issues involved in the case work? 5
- 5) Write short notes on any five of the following questions in about 100 words each:
- a) Intake 4
 - b) Absenteeism 4
 - c) Functions of Medical Social Work 4
 - d) Counseling 4
 - e) Burn out 4
 - f) Planning and preparations 4
 - g) Techniques of interviewing 4
 - h) Social Diagnosis 4

Basics of Counselling

ASSIGNMENT

Course Code: MSW-015

Total marks: 100

Note: (i) Answer all the **five** questions.

(ii) **All** questions carry **equal** marks.

(iii) Answers to question no. **1** and **2** should not exceed **600** words each.

- 1) Explain the counselling process in detail 20
Or
Highlight role of counselling tools in successful completion of counselling process. 20
- 2) What is supportive psychotherapy? Discuss components and techniques of supportive psychotherapy 20
Or
What do you mean by cognitive behaviour therapy? Discuss theoretical basis of cognitive behaviour therapy. 20
- 3) Answer any two of the following questions in about 300 words each:
- a) Explain various characteristics of counselling. 10
 - b) Highlight factors that influence counselling process. 10
 - c) What is the relevance of marital therapy in the context of Indian family and marriage system? 10
 - d) Discuss various aspects of play therapy with children. 10
- 4) Answer any four of the following questions in about 150 words each:
- a) What are major differences between counselling and psychotherapy? 5
 - b) Discuss qualities and skills of a successful counsellor. 5
 - c) Explain legal implications of counselling minors. 5
 - d) Delineate historical evolution of family therapy in India. 5
 - e) Highlight importance of ethics in counselling. 5
 - f) Briefly discuss emerging trends in counselling in India 5
- 5) Write short notes on any five of the following questions in about 100 words each:
- a) Gestalt Therapy 4
 - b) Managed Care 4
 - c) Ethical Counselling 4
 - d) Family Therapy 4
 - e) Frame of Reference 4
 - f) Transactional Analysis 4
 - g) Informed Consent 4
 - h) Person Centered Therapy 4

Fields of Counselling

ASSIGNMENT

Course Code: MSW-016

Total marks: 100

Note: (i) Answer all the **five** questions.

(ii) **All** questions carry **equal** marks.

(iii) Answers to question no. **1** and **2** should not exceed **600** words each.

1. What do you understand by Mental health? Discuss the Mental Health practice models. 20
Or
What is counseling? Discuss the stages of counseling? 20
2. Write about the special fields of rehabilitation counseling. 20
Or
Explain the stages of parenthood. 20
3. Answer any two of the following questions in about 300 words each:
 - a) Write about the Protection of Women from Domestic Violence Act, 2005. 10
 - b) Mention the characteristics of emotional development of the adolescence. 10
 - c) Describe the concept of stress? Identify the factors that cause stress and its consequences. 10
 - d) What would be the essential skills required during Adolescence counseling? 10
4. Attempt any four of the following in about 150 words each:
 - a) Briefly describe self-hypnosis? 5
 - b) What are the legal and ethical issues related to HIV/AIDS? 5
 - c) Briefly describe gender stereotypes. 5
 - d) Highlight the Juvenile Justice (Care & Protection of Children) Act 2000. 5
 - e) List any five roles of an elementary school counselor . 5
 - f) Enlist five major roles played by the elderly in agrarian and medieval society 5
5. Write short notes on any five of the following in about 100 words each:
 - a) MET 4
 - b) Marital counseling 4
 - c) Coping skills 4
 - d) Family counseling 4
 - e) Effective Parenting 4
 - f) Care giving 4
 - g) Counseling with children 4
 - h) Problems in Old Age 4