

**Post Graduate Diploma in Population and Family Health Studies  
(PGDPFHS)**

**ASSIGNMENTS**

**SESSION: JULY 2024 and JANUARY 2025**

**Course Code and Course Title:**

**MEDS-071:** Introduction to Population Studies

**MEDS-072:** Population Theories, Policies and Programme

**MEDS-073:** Social Groups and Family Health

**MEDS-074:** Population and Development: Issues and Challenges

**MEDS-075:** Research Methodology in Population and Family Health Studies

Assignments should be submitted to Director, SOEDS, Block-15-F, Swami Vivekanand Bhawan, First Floor, Maidan Garhi, new Delhi-110068 by Hand or Post



**SCHOOL OF EXTENSION AND DEVELOPMENT STUDIES  
INDIRA GANDHI NATIONAL OPEN UNIVERSITY  
MAIDAN GARHI, NEW DELHI-110068  
(INDIA)**

## Dear Learner

Welcome to Post Graduate Diploma in Population and Family Health Studies (PGDPFHS), School of Extension and Development Studies, IGNOU. You will have to do one assignment for each course. Each assignment carries 100 marks. Irrespective of the year of registration you need to submit the latest assignments uploaded on the website.

## INSTRUCTIONS

- 1) Read the detailed instructions about assignments given in the Programme Guide.
- 2) The top of the first page of your response sheet should look like this:

Enrolment No.....	Name.....
Course Title.....	Course Code.....

- 3) Use A-4 size paper for your responses, write on both sides with margin and tie all the pages carefully.
- 4) Write the question number with each answer.
- 5) You should write in your own handwriting, with relevant references.
- 6) Last date for submitting the assignments for July 2024 Session is 30<sup>th</sup> March 2025 and for January 2025 Session is 30<sup>th</sup> September 2025.

## GUIDELINES

- 1) **Planning:** Read the assignments carefully. Go through the reading material / books on which they are based. Make some points regarding each question and then rearrange these in a logical order.
- 2) **Organization:** Be a little more selective and analytical. Give attention to your introduction and Conclusion. The introduction must offer your brief interpretation of the question and how you propose to develop it. The conclusion must summarize your response to the question.  
Make sure that your answer:
  - a) is around 600 words.
  - b) is logical and coherent.
  - c) has clear connections between sentences and paragraphs.
  - d) is written correctly giving adequate consideration to your expression, style and presentation.
- 3) **Presentations:** Once you are satisfied with your answers, you can write down the final version for submission, writing each answer neatly and underline the points you wish to emphasize.

<p><b>Please contact the following course coordinators for any academic help / clarification</b> MEDS-071 &amp; 072: Dr. Sarda Prasad, Assistant Professor, E-mail- <a href="mailto:sardaprasad@ignou.ac.in">sardaprasad@ignou.ac.in</a> MEDS-073: Dr. Grace Don Nemching, Assistant Professor, E-mail: <a href="mailto:gdnemching@ignou.ac.in">gdnemching@ignou.ac.in</a> MEDS-074: Prof. Nehal A. Farooquee, E-mail: <a href="mailto:nafarooquee@ignou.ac.in">nafarooquee@ignou.ac.in</a> MEDS-075: Prof. B.K. Pattanaik, E-mail: <a href="mailto:bkpattanaik@ignou.ac.in">bkpattanaik@ignou.ac.in</a></p>
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## ASSIGNMENT - 1

**Course Code: MEDS-071**

**Maximum Marks: 100**

**Answer All the Questions. Each Question Carry 20 Marks (Word Limit 600).**

1. Define population. Discuss Population dynamics
2. Discuss Fertility and its measures in detail.
3. Why Migration is occurring? Explain the factors affecting internal migration
4. What is death? Explain Age Specific Death Rate (ASDR).
5. Explain the scope of population studies.

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**Course Coordinator: Dr. Sarda Prasad**

[sardaprasad@ignou.ac.in](mailto:sardaprasad@ignou.ac.in)

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## ASSIGNMENT - 2

**Course Code: MEDS-072**

**Maximum Marks: 100**

**Answer All the Questions. Each Question Carry 20 Marks (Word Limit 600).**

1. Discuss classical thoughts on population
2. What do you mean policy? Discuss National Population Policy 2000.
3. Explain the measure of population growth by using relevant data.
4. What is insurance? Explain health insurance in India.
5. Define death. Discuss about the Child and Infant Death rate in India.

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**Course Coordinator: Dr. Sarda Prasad**

[sardaprasad@ignou.ac.in](mailto:sardaprasad@ignou.ac.in)

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### ASSIGNMENT - 3

**Course Code: MEDS-073**

**Maximum Marks: 100**

**Answer All the Questions. Each Question Carry 20 Marks (Word Limit 600).**

1. What do you mean by Divyang. List and discuss different kinds of disabilities in India.
2. Why Gender studies is important in population and family health studies?
3. What is food? Describe different components of food security in India.
4. Define Disease? Discuss in detail about the non-communicable diseases
5. Discuss in detail about the Strata of population in the Society.

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**Course Coordinator: Dr. Grace Don Nemching**

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### ASSIGNMENT - 4

**Course Code: MEDS-074**

**Maximum Marks: 100**

**Answer All the Questions. Each Question Carry 20 Marks (Word Limit 600).**

1. Poverty breeds poverty and inequality.
2. Describe in food and nutrition security in India with respect to SDG.
3. What is urban area? Explain the characteristics of urban areas over rural areas.
4. What is theory? Describe about the Theory of migration as per your interest.
5. What is Sanitation? Explain Swatchh Bharat Mission and its importance in terms of SDG.

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**Course Coordinator: Prof. Nehal A. Farooquee**

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## ASSIGNMENT - 5

**Course Code: MEDS-075**

**Maximum Marks: 100**

**Answer All the Questions. Each Question Carry 20 Marks (Word Limit 600).**

1. What is Research? Discuss types of research and their functions.
2. What do you mean by Statistics? Describe the different statistical tools in brief.
3. What is reliability and validity? Explain the importance of reliability with example.
4. Elaborate that Data is the food of research. What are the main sources of data in large scale.
5. Why dissemination of findings are important in research. Discuss with different methods of dissemination of findings in India.

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**Course Coordinator: Prof. B.K. Pattanaik**

[bkpattanaik@ignou.ac.in](mailto:bkpattanaik@ignou.ac.in)

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### **Note:**

Each assignment must include relevant references and sources of information.

**Documents should attach with assignment in serial –**

1. Cover page
2. IGNOU ID card
3. Assignment questions of respective course
4. Main text of Assignments (Handwritten)

Cover Page for Assignment

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**Assignment No.:**

Name of learner	:	
Enrolment No.	:	
Father's/Mother's Name	:	
Name of the Programme	:	
Programme Code	:	
Regional Centre and Code	:	
Course Title	:	
Course Code	:	
Email	:	
Mobile no./Phone no.	:	
Course Coordinator	:	
Date of Submission	:	
Address of Student	:	
Signature of Student	:	