

**Post Graduate Diploma in Population and Family Health Studies
(PGDPFHS)**

ASSIGNMENTS

SESSION: JULY 2023 and JANUARY 2024

Course Code and Course Title:

MEDS-071: Introduction to Population Studies

MEDS-072: Population Theories, Policies and Programme

MEDS-073: Social Groups and Family Health

MEDS-074: Population and Development: Issues and Challenges

MEDS-075: Research Methodology in Population and Family Health Studies

Assignments should be submitted to Director, SOEDS, Block-15-F, Swami Vivekanand Bhawan, First Floor, Maidan Garhi, New Delhi-110068 by Hand or Post



**SCHOOL OF EXTENSION AND DEVELOPMENT STUDIES
INDIRA GANDHI NATIONAL OPEN UNIVERSITY
MAIDAN GARHI, NEW DELHI-110068
(INDIA)**

Dear Learner

Welcome to Post Graduate Diploma in Population and Family Health Studies (PGDPFHS), School of Extension and Development Studies, IGNOU. You will have to do one assignment for each course. Each assignment carries 100 marks. Irrespective of the year of registration you need to submit the latest assignments uploaded on the website.

INSTRUCTIONS

- 1) Read the detailed instructions about assignments given in the Programme Guide.
- 2) The top of the first page of your response sheet should look like this:

Enrolment No.....	Name.....
Course Title.....	Course Code.....

- 3) Use A-4 size paper for your responses, write on both sides with margin and tie all the pages carefully.
- 4) Write the question number with each answer.
- 5) You should write in your own handwriting, with relevant references.
- 6) Last date for submitting the assignments for July 2023 Session is 30th March 2023 and for January 2024 Session is 30th September 2024.

GUIDELINES

- 1) **Planning:** Read the assignments carefully. Go through the reading material / books on which they are based. Make some points regarding each question and then rearrange these in a logical order.
- 2) **Organization:** Be a little more selective and analytical. Give attention to your introduction and Conclusion. The introduction must offer your brief interpretation of the question and how you propose to develop it. The conclusion must summarize your response to the question.

Make sure that your answer:

- a) is around 600 words.
 - b) is logical and coherent.
 - c) has clear connections between sentences and paragraphs.
 - d) is written correctly giving adequate consideration to your expression, style and presentation.
- 3) **Presentations:** Once you are satisfied with your answers, you can write down the final version for submission, writing each answer neatly and underline the points you wish to emphasize.

Please contact the following course coordinators for any academic help / clarification
MEDS-071 & 072: Dr. Sarda Prasad, Assistant Professor, E-mail- sardaprasad@ignou.ac.in
MEDS-073: Dr. Grace Don Nemching, Assistant Professor, E-mail: gdnemching@ignou.ac.in
MEDS-074: Prof. Nehal A. Farooquee, E-mail: nafarooquee@ignou.ac.in
MEDS-075: Prof. B.K. Pattanaik, E-mail: bkpattanaik@ignou.ac.in

ASSIGNMENT - 1

Course Code: MEDS-071

Maximum Marks: 100

Answer all the questions. All questions carry 20 marks each (Word limit 600).

1. Define population Studies. Discuss evolution of population studies
2. Describe population dynamics in India. Discuss fertility in detail.
3. Define fertility and fecundity. Explain the factors affecting fertility
4. What are the basic measures of mortality? Explain Crude Death Rate (CDR).
5. Discuss the migration pattern in India. Explain stream of internal migration

Course Coordinator: Dr. Sarda Prasad

sardaprasad@ignou.ac.in

ASSIGNMENT - 2

Course Code: MEDS-072

Maximum Marks: 100

Answer all the questions. All questions carry 20 marks each (Word limit 600).

1. Who were the pessimistic population thinkers? Discuss optimistic thoughts on population
2. What is the Life Table? Discus application of Life Table.
3. Explain the population growth. Describe exponential growth rate of population.
4. What is population policy? Explain health policy in India.
5. What is health care structure in India? Describe the maternal and child health care.

Course Coordinator: Dr. Sarda Prasad

sardaprasad@ignou.ac.in

ASSIGNMENT - 3

Course Code: MEDS-073

Maximum Marks: 100

Answer all the questions. All questions carry 20 marks each (Word limit 600).

1. What kinds of disability list by Census of India? Describe the locomotor disability in India.
2. What is the importance of gender studies? Discuss gender and health
3. Define food and nutrition security. Explain the factors affecting dietary behaviour in India
4. What are the primary health care? Discuss communicable and non-communicable diseases
5. Who are marginal community in India? Discuss the health care of marginalized community.

Course Coordinator: Dr. Grace Don Nemching

gdnemching@ignou.ac.in

ASSIGNMENT - 4

Course Code: MEDS-074

Maximum Marks: 100

Answer all the questions. All questions carry 20 marks each (Word limit 600).

1. What are the population and development issues in India? Discuss poverty and inequality.
2. What are the components of food security? Describe in food and nutrition security.
3. What is urbanization? Explain the factors affecting urban health care.
4. Define migration (Internal and External). Explain different theories of migration.
5. What are the components of sanitation? Discuss the relation between sanitation and health.

Course Coordinator: Prof. Nehal A. Farooquee

nafarooquee@ignou.ac.in

ASSIGNMENT - 5

Course Code: MEDS-075

Maximum Marks: 100

Answer all the questions. All questions carry 20 marks each (Word limit 600).

1. What is a research design? What are the functions of a research design? Discuss observational design in detail.
2. What is research? What are the different methods of research? Discuss the focus group discussion method in detail.
3. What is meant by measurement? Discuss the ratio scale in detail.
4. What are the different methods of qualitative data collection? Discuss in detail the case study method of qualitative data collection.
5. What are the different types of data? Discuss the graphical method of data presentation.

Course Coordinator: Prof. B.K. Pattanaik

bkpattanaik@ignou.ac.in

Note:

Each assignment must include relevant references and sources of information.

Documents need to be attached with the assignment in the following order –

1. Cover page
2. IGNOU ID card
3. Assignment questions of respective course
4. Main text of Assignments (Handwritten)

Cover Page for Assignment

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Assignment No.:

Name of learner :
Enrolment No. :
Father's/Mother's Name :
Name of the Programme :
Programme Code :
Regional Centre and Code :
Course Title :
Course Code :
Email :
Mobile no./Phone no. :
Course Coordinator :
Date of Submission :
Address of Student :

Signature of Student :