

CAFE/DAFE

Assignments-2024

1. Certificate in HIV and Family Education (CAFE)
2. Diploma in HIV and Family Education (DAFE)



School of Social Work,
Indira Gandhi National Open University, MaidanGarhi, New Delhi – 110068

Schedule for Assignments Submission: 2024

Dear Learner,

We hope that you have gone through the Programme Guide for CAFE/DAFE carefully. We have explained there that it is important to complete the assignments within the stipulated time to become eligible to appear for the term-end examination of IGNOU. All the assignments of CAFE/DAFE are Tutor Marked Assignments (TMAs) and are part of the continuous evaluation process. The assignments for CAFE and DAFE will be the same for all courses. You will find that separate assignments have been provided to you for BFE-101, BFE-102, BFEE 101, BFEE 102, BFEE 103 and BFEE 104 (for students registered for January 2024 and July 2024).

Before you write the assignments, read the instructions provided in the Programme Guide and go through the course materials carefully. Please read the instructions pertaining to assignments before you start writing your answers. If you have any doubt or problems pertaining to the courses and assignments, contact the concerned academic counsellor at your Study Centre. You are requested to go through the course materials first and then prepare the assignment response following the instructions. Your responses should not be a verbatim reproduction of the textual materials/blocks provided for self-learning purposes. **Assignments are to be hand written and duly signed.** Please submit your assignment responses at the Study Centre allotted to you before the due date as mentioned in the IGNOU home page and obtain a receipt for the same.

You are expected to keep a copy each for any future reference/use.

Visit www.ignou.ac.in regularly for updates related to assignment submission.

Wish you all the best to complete the assignments within the above given time frame.

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BASICS OF HIV/AIDS

Course Code: BFE-101

Maximum Marks: 100

- 1 Answer any **two** of the following questions in about **500** words each.
- i) What is public health? Critically analyze the evolution of public health in India. 20
 - ii) Discuss some of the determinants of health with examples. 20
 - iii) Explain the different stages in the development of HIV infection. 20
 - iv) Explain how quality of life can be enhanced through dealing with HIV/AIDS. 20
 - v) Discuss various methods of prevention involved in mother to child transmission of HIV. 20
- 2 Answer any **three** of the following questions in about **250** words.
- i) Explain the health related development goals adopted by UN. 10
 - ii) Why is AIDS different from other disease? Explain. 10
 - iii) Trace the history of HIV/AIDS in India. 10
 - iv) Analyze the relationship between modes of transmission and vulnerable groups of population. 10
 - v) Discuss the importance of pre-test and post-test counselling in the context of HIV/AIDS. 10
- 3 Write short notes on any **five** of the following question in about **150** words each.
- i) Social Medicine 6
 - ii) Health for All 6
 - iii) Concept of well-being 6
 - iv) AIDS Dementia 6
 - v) Universal testing 6
 - vi) Hospice care 6
 - vii) Sexuality and life skill education 6
 - viii) Impact of structural adjustment programmes 6

BASICS OF FAMILY EDUCATION

Course Code: BFE-102

Maximum Marks: 100

- 1 Answer any **two** of the following questions in about **500** words each.
- i) Discuss the concept of family values and bonding in the Indian context. 20
 - ii) Describe the role of an individual and community in family life education. 20
 - iii) Explain the conceptual framework of sexual health education. 20
 - iv) Discuss various methods of imparting family life education. 20
 - v) Describe any three theories of personality development. 20
- 2 Answer any **three** of the following questions in about **250** words.
- i) Describe the scope of family life education. 10
 - ii) Identify cultural stereotypes regarding the difference between men and women in the context of Indian society. 10
 - iii) Briefly describe some of the concerns of adolescents. 10
 - iv) What are the factors influencing the learning process? 10
 - v) Describe the role of mass media in creating awareness in sexual health education. 10
- 3 Write short notes on any **five** of the following question in about **150** words each.
- i) Kinship 6
 - ii) Maslow's need hierarchy theory 6
 - iii) Infancy and human development 6
 - iv) The female sex hormones 6
 - v) Hereditary endowment 6
 - vi) Challenges to the youth in a changing society 6
 - vii) Ageing 6
 - viii) Gender roles 6

ELECTIVE ON HIV/AIDS

Course Code: BFEE-101

Maximum Marks: 100

1. Answer any **two** of the following questions in about **500** words each.
 - i. Discuss HIV law in the Asia-Pacific region. 20
 - ii. Describe the constitutional provisions related to PLHAs in India. 20
 - iii. Discuss the socio-cultural factors that put women vulnerable to HIV infection. 20
 - iv. Explain the signs and symptoms and treatment options available for the management of any four STDs. 20
 - v. Describe social well-being and human rights of sexual minorities. 20

2. Answer any **three** of the following questions in about **250** words each.
 - i. Explain the relationship between human rights and HIV/AIDS. 10
 - ii. Discuss the principles and suggestions to enact laws to maintain confidentiality. 10
 - iii. What are the basic goals of HIV/AIDS education? List some of the do's and don'ts. 10
 - iv. Discuss the methods of prevention available to reduce mother to child transmission of HIV. 10
 - v. Briefly discuss about the classification of drugs based on their pharmacological actions. 10

3. Write short note on any **five** of the following in about **150** words of each.
 - i. Regulation of blood and blood products 6
 - ii. Stigma and Discrimination 6
 - iii. Palliative care 6
 - iv. Empowerment of women 6
 - v. Street children 6
 - vi. Disenfranchised grief 6
 - vii. Targeted intervention 6
 - viii. Sex workers 6

ELECTIVE ON FAMILY EDUCATION

Course Code: BFEE-102

Maximum Marks:100

- 1 Answer any **two** of the following questions in about **500** words each.
- i) Explain Dowry Prohibition Act, 1961. 20
 - ii) Discuss the changing patterns of value system in human life and factors influencing them. 20
 - iii) Explain bereavement, separation and migration. Discuss its consequences. 20
 - iv) Discuss the advantages and disadvantages of using various family planning methods.
 - v) Explain the functions and purpose of marriage.
- 2 Answer any **three** of the following questions in about **250** words.
- i) Explain the impact of domestic violence. 10
 - ii) What is the meaning of divorce? Discuss . 10
 - iii) Explain the role expectations of man and woman in marriages. 10
 - iv) What is the role of family in the socialization of the child? Explain. 10
 - v) Explain Special Marriage Act, 1954. 10
- 3 Write short notes on any **five** of the following question in about **150** words each.
- i) Types of family pattern 6
 - ii) Polyandry 6
 - iii) Role conflicts 6
 - iv) Family dynamics 6
 - v) Single parenthood 6
 - vi) MTP Act, 1971 6
 - vii) Planned Parenthood 6
 - viii) Single Parent Families 6

ALCOHOL, DRUGS AND HIV

Course Code: BFEE-103

Maximum Marks: 100

- 1 Answer any **two** of the following questions in about **500** words each.
 - i. Discuss the role of international bodies with regard to prevention and control of substance abuse. 20
 - ii. Describe effective methods to deal with school based drug prevention programme. 20
 - iii. Discuss the main features of Narcotic Drugs And Psychotropic Substances (Amendment) Act, 2014. 20
 - iv. Discuss the connection between drug abuse, family and the nation. 20
 - v. Describe the different modalities of treatment of alcohol and drug dependence. 20

- 2 Answer any **three** of the following questions in about **250** words.
 - i. Discuss the principles of addiction counselling. 10
 - ii. Explain community involvement in prevention and treatment of addiction. 10
 - iii. Explain the rationale behind demand and supply reduction. 10
 - iv. What are the major flaws in the existing drug laws? Explain with examples. 10
 - v. Describe the socio-economic impact of addiction on the individual. 10

- 3 Write short notes on any **five** of the following question in about **150** words each.
 - i. Techniques in crisis counseling 6
 - ii Referral services 6
 - iii. Detoxification 6
 - iv. Addictive families and children 6
 - v. Co-dependency 6
 - vi. STIs 6
 - vii. Drug trafficking 6
 - viii. Denial 6

COMMUNICATION AND COUNSELLING IN HIV/AIDS

Course Code: BFEE-104

Maximum Marks: 100

- 1 Answer any **two** of the following questions in about **500** words each.
 - I. Describe different models of health communication. 20
 - II. Explain the importance of socio-cultural constituents in communication. 20
 - III. Discuss how to address sensitive issues pertaining to sexual coercion and violence. 20
 - IV. Describe some of the common aspects influencing couple in choosing any of the family planning methods. 20
 - V. Discuss the scope and role of social work counsellors in dealing with HIV/AIDS patients. 20

- 2 Answer any **three** of the following questions in about **250** words.
 - I. What is interpersonal communication? Explain its merits and demerits. 10
 - II. Explain the scope of social work counsellors in India. 10
 - III. Describe some of the ethical issues involved in HIV/AIDS counselling. 10
 - IV. Discuss the difference between psychotherapy and counselling. 10
 - V. Explain some techniques that facilitate behavioural change. 10

- 3 Write short notes on any **five** of the following question in about **150** words each.
 - I. Psychiatrist 6
 - II. Sexuality 6
 - III. Termination of counselling 6
 - IV. Characteristics of a good client 6
 - V. Psychotherapy 6
 - VI. Mass media 6
 - VII. Catharsis 6
 - VIII. Folk media 6