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Certificate Course in Geriatric Care Assistance (CGCA)

ASSIGNMENTS 2024 (July Batch)

CGCA/AS 1-2

**Skill Training Cell
School of Health Sciences
Indira Gandhi National Open University
Maidan Garhi, New Delhi-110 068**

Dear Student,

As explained in the Programme Guide, there are nine assignments in total and **all** these assignments are compulsory. Please note that the assignments carry a weightage of 30% marks towards the final evaluation in theory component and **submission of related assignments is a prerequisite** for appearing in theory term-end examination for respective papers. It is always better if you can submit all assignments as early as possible during your contact session.

Last Date of Submission	Course Code	Blocks Involved	Assignment Code
Nov. 15, 2024	BHT-006/TMA/2024	1 and 2	BHT-006/TMA/2024/AS-1
Nov. 15, 2024	BHT-007/TMA/2024	1 and 2	BHT-007/TMA/2024/AS-1

Please take note of the following points before writing your assignments:

- Use only foolscap size paper for writing your responses. Only handwritten assignments will be accepted. Typed or printed copies of assignments will not be accepted.
- Tie the pages after numbering them carefully.
- Write the questions and question number with each answer.
- All the questions are compulsory.
- **Zero marks will be given if it is found that the answers were copied from other student**
- Every assignment will be evaluated out of a full mark of 100. Weightage is indicated in parenthesis against each question.

Suggestions for writing an assignment:

Read the assignments carefully. Go through the units on which the answers are based. Draw a rough outline of your answer. Make a logical order. Then write your answer neatly and submit. Give illustrations and tables wherever necessary. You may keep a photo copy of the answer sheets for future reference.

Answer each assignment in separate sheets. On the first page of the assignment response sheet, write the course code, course title, assignment code, name of your programme study centre and date of submission. Your Roll No., Name and Full address should be mentioned in the top right corner of the first page. The first page of your response sheet should look like the format given.

Course Code _____	Enrollment No. _____
Course Title _____	Name _____
Assignment Code _____	Address _____
PSC _____	_____
Date of Submission _____	_____

Please submit the assignments to your Programme-in-charge (PIC) only.

**Assignment -1 for Foundation for Geriatrics Care Assistance
(Block 1, 2, 3 & 4)**

Programme Code: CGCA

Course Code: BHT-006

Assignment Code: BHT-006/TMA/2024

Maximum Marks: 100

Last date of Submission:

This Assignment consists of Ten questions of 10 marks each. 10 marks X 10 = 100

- Q1. a) Describe the personal qualities required for a Geriatrics Care Assistant.
b) Describe the Code of Conduct (Do's and Don'ts) for a Geriatrics Care Assistant (GCA)
- Q2. a) Briefly explain the health care delivery system in India.
b) Describe the Basic Principles to be followed for effective communication.
- Q3. a) Describe the common First AID situation and choking in elderly person.
b) Describe the musculo-skeletal and cardiovascular system of human body
- Q4. a) Describe the preparation of bed for elderly people.
b) Describe the care of unit after discharge of the elderly patient.
- Q5. a) Describe the assessment of elderly people in physical changes and reporting of it.
b) Describe measurement of vital signs in elderly people.
- Q6. a) Describe the different types of comfort positions for elderly people.
b) Describe the methods of transportation of the elderly people/patient.
- Q7. a) Describe the application of heat and cold to the elderly people.
b) Describe the care of elderly patients with general disease conditions like, diarrhea, urinary tract infections, constipation and ostomy appliance.
- Q8. a) Describe about the hand hygiene while providing care to the elderly people.
b) Describe general precautions while feeding to the elderly people.
- Q 9 a) Describe dietary modifications plan in elderly patients in different disease conditions.
b) Describe the general procedures to elderly patients elimination needs.
- Q 10 a) Describe the Universal/Standard Precautions.
b) Describe the Steps involved in Bio-Medical Waste Management (BMW)

**Assignment 2 for course Special Needs of Geriatrics Patients
(Block 1, 2, 3 & 4)**

Programme Code: CGCA

Course Code: BHT-007

Assignment Code: BHT-007/TMA/2024

Maximum Marks: 100

Last date of Submission:

This Assignment consists of Ten questions of 10 marks each. 10 marks X 10 = 100

- Q1. a). Describe the grooming in elderly.
 b). Important aspects with regard to Hair Care in elderly
- 2 a) Describe how you will take care of feet and nails in an elderly person.
 b) Describe the steps in Instillation of eye drops.
- Q3. a). Describe the types of bath in elderly.
 b). Describe the care of dentures.
- Q4. a). Describe the care of eyes in an elderly people.
 b). Describe about the ear care in an elderly people.
- Q5. a). Describe the standard precautions and protocols for shaving and trimming nails.
 b). Describe the treatment and prevention of bedsore.
- Q6. a). Describe the management of elderly with locomotor disability.
 b). Describe how will you Communicate with a person with dementia.
- Q7. a). Describe Human Rights of Older People
 b). List key aspects of the Maintenance and Welfare of Parents and Senior Citizens Act, 2007.
- Q8. a). Describe the modification of home environment for an elderly people.
 b). Describe various coping mechanisms.
- Q9. a). Describe the safety needs of the bedridden patient
 b). Describe the spiritual and psychosocial needs of the bedridden patient
- Q10. a). Describe concept of patient safety in hospital.
 b). Describe Basic Principle of home and environment modification for safety of elderly.