

# **Certificate in Community Health (CCH)**

## **Assignments**

### **July, 2024**



*School of Health Sciences  
Indira Gandhi National Open University  
Maidan Garhi, New Delhi-110 068*

Dear Student,

As explained in the Programme Guide, there are two assignments in total and these assignments are compulsory. Please note that you are required to score 50% marks in each assignment separately. The assignments carry a weightage of 30% marks towards the final evaluation in theory component and **submission of related assignments is a prerequisite** for appearing in theory term-end examination for respective courses. The subject area of assignments and its last date of submission are mentioned below:

Last Date of Submission	Course Code	Blocks Involved	Assignment Code
30 <sup>th</sup> October, 2024	BNS-042	1, 2,3,4,5,6	BNS-042/TMA

Please take note of the following points before writing your assignments:

- Use only foolscap size paper for writing your responses. **Only handwritten assignments** will be accepted. Typed or printed copies of assignments will not be accepted.
- Tie all the pages after numbering them carefully.
- Write the question number with each answer.
- **All the questions are compulsory.**
- Every assignment will be evaluated out of a full mark of 100. Weightage is indicated in parenthesis against each question.

**Suggestions for writing an assignment:**

Read the assignments carefully. Scan through the whole material of the course, answers may be linked within the blocks/units. Draw a rough outline of your answer in your own words. Support your answer from your clinical/community experience. Make a logical order. Then write your answer neatly and submit. Give illustrations and tables wherever necessary. **You may keep a xerox copy of the answer sheets for future reference.**

**Do not copy from print material.**

Answer each assignment in separate sheets. On the first page of the assignment response sheet, write the course code, course title, assignment code, name of your **programme study centre** (PSC) and date of submission. Your Enrollment No. Name and Full address should be mentioned in the top right corner of the first page. The first page of your response sheet should look like the format given below:

Course Code.....	Enrollment No.....
Course Title .....	Name .....
Assignment Code.....	Address .....
PSC .....	.....
Date of Submission .....	.....

**Please submit the assignments to the Programme In-charge of the Programme Study Centre allotted to you.**

**PRIMARY HEALTH CARE IN COMMON CONDITIONS**

**ASSIGNMENT (BLOCK 1-6) (TUTOR MARKED)**

**Programme Code: BPCCHN**

**Course Code: BNS 042**

**Assignment Code: BNS-042/TMA/2024**

**Maximum Marks: 100**

**Last Date of Submission: 30<sup>th</sup> October, 2024**

**Instructions:**

**This assignment has three parts – Part A, B and C.**

Part A – Consists of two long questions, each question carries 15 marks.

Part B – Consists of six short questions, each question carries 10 marks.

Part C – Consists of four objective type questions, each question carries 2.5 marks

**Part A**

1. a) Explain the high risk factors of heart diseases?  
b) Discuss the cardinal signs and symptoms of heart attack.  
c) Discuss the management of cardio pulmonary arrest. **(4+4+7=15)**
  
2. a) Explain the essential components of antenatal care. Assess an antenatal mother of 30 wk gestation attending antenatal clinic and document the findings.  
b) Discuss advices you will give to the antenatal and postnatal mothers on their visits to the clinic? **(5+10=15)**

**Part B**

3. a) Describe the danger signs you will look for in an antenatal mother for referral to higher medical facility?  
b) Discuss complication and management of obstructed labour. **(5+5=10)**
  
4. a) Explain common neonatal health problems.  
b) Enumerate vaccination schedule under Universal Immunization Programme. **(5+5=10)**
  
5. a) How will you assess the client reporting to your health centre with acute abdominal pain?  
b) Discuss your role in management of abdominal pain in your health centre. **(5+5=10)**
  
6. Discuss MTP Act. **(10)**

7. Enumerate first aid management for drowning. (10)
8. Explain various family planning methods. (10)

### Part C

9. Place a tick mark (✓) against the most appropriate answer given under each statement. (5 x ½ = 2.5)
- a) If a child reaches for cup and spoon when you offer him water, it indicates one of the following sign
- i) Drinking eagerly
  - ii) Drinking poorly
  - iii) Not able to drink
  - iv) All of the above
- b) All of the following are benefits of Supplementary Zinc for children **except:**
- i) It is a vital micronutrient
  - ii) Synthesis of protein
  - iii) Antacid action
  - iv) Cell growth
- c) The World Health Organization (WHO) recommends daily supplementation of oral iron and folic acid during antenatal period to :
- i) Avoid nausea & vomiting
  - ii) Reduce the risk of low birth weight
  - iii) Maternal anemia
  - iv) Iron deficiency
- d) First drug of choice for treatment of roundworm at your health care facility is
- i) Ivermectin
  - ii) Traziquantil
  - iii) Albendazole
  - iv) All of the above
- e) All of the following are primary goals of cancer treatment **except:**
- i) Complete cure
  - ii) Cancer has no cure
  - iii) Life longevity of possible
  - iv) Improving quality of life

10. Match the statement given in Column A with Column B. (5 x ½ = 2.5)

Column A	Column B
a. Varicose veins	i) A cute swelling on skin, redness, pain
b. Burns	ii) Electrolyte imbalance
c. Hydro cephalous	iii) Dilated veins in lower limbs
d. Cellulitis	iv) Silver sulfadiazine cream

- e. Fluid aspiration
- v) Obstruction to the C.S.F flow to the brain
- vi) Confirm malignancy

**11. Place a tick mark (✓) against 'T' if you consider is True and 'F' if you consider the statement as false. (5 x 1/2 = 2.5)**

- a) In severe anaemia, Hb level is 10 mg/dl. (T / F)
- b) One shot of DMPA is irreversible and does not get relieved after the injection is stopped. (T / F)
- c) The most common sign and symptom of pre eclampsia is sudden excessive weight gain. (T / F)
- d) Weight of the gravid uterus increases from 50 gm to 900 gm at term. (T / F)
- e) Uterus reaches the level of xiphisternum at 30<sup>th</sup> weeks of pregnancy. (T / F)

**12. Fill in the Blanks (5 x 1/2 = 2.5)**

- a) Deficiency of Zinc in diet leads to \_\_\_\_\_ in children.
- b) Folic acid is used to prevent \_\_\_\_\_ cancer.
- c) Adequate vitamin D level in blood helps in the \_\_\_\_\_ of calcium.
- d) Substances that loosen stools and increase bowel movements are called \_\_\_\_\_
- e) Drugs used to calm the recipient without inducing sleep is known as \_\_\_\_\_