Certificate Course in Geriatric Care Assistance (CGCA)

ASSIGNMENTS 2023 (July Batch)

CGCA/AS 1-2

Skill Training Cell
School of Health Sciences
Indira Gandhi National Open University
Maidan Garhi, New Delhi-110 068

IGNOU

Dear Student,

As explained in the Programme Guide, there are nine assignments in total and **all** these assignments are compulsory. Please note that the assignments carry a weightage of 30% marks towards the final evaluation in theory component and *submission of related assignments is a prerequisite* for appearing in theory term-end examination for respective papers. It is always better if you can submit all assignments as early as possible during your contact session.

Last Date of Submission	Course Code	Blocks Involved	Assignment Code
Nov. 15, 2023	BHT-006/TMA/2023	1 and 2	BHT-006/TMA/2023/AS-1
Nov. 15, 2023	BHT-007/TMA/2023	1 and 2	BHT-007/TMA/2023/AS-1

Please take note of the following points before writing your assignments:

- Use only foolscap size paper for writing your responses. Only handwritten assignments will be accepted. Typed or printed copies of assignments will not be accepted.
- Tie the pages after numbering them carefully.
- Write the questions and question number with each answer.
- All the questions are compulsory.
- *Zero marks will be given if it is found that the answers were copied from other student*
- Every assignment will be evaluated out of a full mark of 100. Weightage is indicated in parenthesis against each question.

Suggestions for writing an assignment:

Read the assignments carefully. Go through the units on which the answers are based. Draw a rough outline of your answer. Make a logical order. Then write your answer neatly and submit. Give illustrations and tables wherever necessary. You may keep a photo copy of the answer sheets for future reference.

Answer each assignment in separate sheets. On the first page of the assignment response sheet, write the course code, course title, assignment code, name of your programme study centre and date of submission. Your Roll No., Name and Full address should be mentioned in the top right corner of the first page. The first page of your response sheet should look like the format given.

Course Code _____	Enrollment No. _____
Course Title _____	Name _____
Assignment Code _____	Address _____
PSC _____	_____
Date of Submission _____	_____

Please submit the assignments to your Programme-in-charge (PIC) only.

Assignment of Certificate Course in Geriatric Care Assitance

Assignment -1 for Foundation for Geriatrics Care Assistance
(Block 1, 2, 3 & 4)
Programme Code: CGCA
Course Code: BHT-006
Assignment Code: BHT-006/TMA/2023

Maximum Marks: 100
Last date of Submission:

This Assignment consists of Ten questions of 10 marks each.   10 marks X 10 = 100

Q1.   a) List job functions of a Geriatrics Care Assistant.
b) Describe the Personal qualities required for a Geriatrics Care Assistant (GCA) to fulfill these job functions

Q2.   a) Briefly explain the health care delivery system in India.
b) Briefly describe the focus areas of Nation Policy for Senior Citizen, 2012

Q3.   a) Describe the communication process.
b) What are the Basic Principles to be followed for effective communication?

Q4.   a) Enlist common emergency situations.
b) How you will make assessment of potentially life threatening conditions and their correct management?

Q5.   a) Describe the preparation of bed for elderly people.
b) Describe the care of unit after discharge of the elderly patient.

Q6.   a) Describe the method for measurement of vital signs of elderly.
b) List down the safety tips which is to be followed during oxygen administration.

Q7.   a) Describe the steps in Helping patient to use bedpan
b) Describe the steps in Helping patient to use urinal

Q8.   a) Describe about the hand hygiene while providing care to the elderly people.
b) Describe general precautions while feeding to the elderly people.

Q 9   a) Describe dietary modifications plan in elderly patients in different disease conditions.
b) Describe the general procedures to elderly patients elimination needs.

Q 10 a) Describe the Universal/Standard Precautions.
b) Describe the Steps involved in Bio-Medical Waste Management (BMW)

Assignment 2 for course Special Needs of Geriatrics Patients
(Block 1, 2, 3 & 4)
Programme Code: CGCA
Course Code: BHT-007
Assignment Code: BHT-007/TMA/2023

Maximum Marks: 100
Last date of Submission:

This Assignment consists of Ten questions of 10 marks each.   10 marks X 10 = 100

Q1.   a). Describe the Safety tips for Skin hygiene in elderly.
        b). Important aspects with regard to Hair Care in elderly

Q2.   a). Describe the care of eye in an elderly person.
        b). Describe the care of the feet and nails in an elderly person.

Q3.   a). Describe the types of bath in elderly.
        b). Describe the care of back and skin after bath in an elderly patient.

Q4.   a). What are the common problems of the oral cavity in an elderly people?
        b). Describe about the frequency of mouth care.

Q5.   a). Describe the care of denture in an elderly person.
        b). Describe the Standard precautions and protocols for shaving in elderly

Q6.   a). Describe the management of elderly with locomotor disability.
        b). Describe how will you Communicate with a person with dementia.

Q7.   a). Describe Human Rights of Older People
        b). List key aspects of the Maintenance and Welfare of Parents and Senior Citizens Act, 2007.

Q8.   a). List signs of burnout and stress.
        b). Describe various coping mechanisms.

Q9.   a). Describe the safety needs of the bedridden patient
        b). Describe the spiritual and psychosocial needs of the bedridden patient

Q10.   a). Describe concept of patient safety in hospital.
        b). Describe Basic Principle of home and environment modification for safety of elderly.

Assignment of Certificate Course in Geriatric Care Assitance