



# **Certificate in FIRST AID (CFAID)**

**IGNOU**

## **ASSIGNMENTS 2022**



**School of Health Sciences  
Indira Gandhi National Open University  
Maidan Garhi, New Delhi – 110068**

Dear Students,

There is only one assignment in total and this assignment is compulsory. Please note that you are required to score 50 % marks in the assignment. The assignment carries a weightage of 30 % marks towards the final evaluation in theory component and submission of related assignment is a pre-requisite for appearing in theory Term End Examination for respective course. The subject area of assignment and its last date of submission is mentioned below:

Last Date of Submission	Course Code	Blocks Involved	Assignment Code
January session March 15th 2022 July session September 15th 2022	BNS – 040	1,2,3,4	BNS – 040 / TMA/2022

Please take note of the following points before writing your assignments:

- Use only foolscap size paper for writing your responses. Only handwritten assignments will be accepted. Typed or printed copies of assignments will not be accepted.
- Tie all the pages after numbering them carefully.
- Write the question number with each answer.
- **All the questions are compulsory.**
- Every assignment will be evaluated out of full mark of 100. Weightage is indicated in parenthesis against each question.

**Suggestion for writing an assignment:**

Read the assignment carefully. Scan through whole material of the course, answer may be linked within the blocks /units. Draw a rough outline of your answer in your own words. Support your answer from your clinical / community experience. Make a logical order. Then write your answer neatly and submit. Give illustrations and tables wherever necessary .**You may keep a xerox copy of the assignments for future reference. Do not copy from print material.**

Answer each assignment in separate sheets. On the first page of the assignment response sheets, write the **Course Code, Course Title, Assignment Code, Name of your Programme Study Center (PSC) and date of submission. Your Enrollment No., Name and full address** should be mentioned in the top right corner of the first page . The first page of your assignments response sheet should look like the format given below:

Course Code	: .....	Roll No:	.....
Course title	: .....	Name	: .....
Assignment Code	: .....	Address:	.....
PSC	: .....		.....
Date of Submission:	.....		.....

**Please submit the assignment to the Programme In Charge of the Programme Study Centre Alloted to you.**

**BASICS OF FIRST AID**  
**Assignment (Block 1-4) (Tutor Marked)**

**Programme Code: CFAID**  
**Course Code: BNS-040**  
**Assignment Code: BNS –040 /TMA /040/2022**  
**Maximum Marks: 100**

**Note: This Assignment has three parts – Part A, B and C**

Part A consists of two long answer questions. Each question carries 15 marks

Part B consists of six short answer questions. Each question carries 10 marks

Part C consists of four objective type questions. Each question carries 2½ marks

**Part A**

1. a) Define First Aid and First Aid Provider.  
b) List any five responsibilities of First Aid Provider.  
b) Discuss the principles to be kept in mind by the First Aid Provider. (2+2+5+6=15)
  
2. a) Define Emergency.  
b) List the causes of Emergencies.  
c) Describe the various Emergency Indicators along with their signals. (2+5+8=15)

**Part B**

3. a) Define Burns. List its types.  
b) Enumerate the steps of First Aid management of Radiation Burn. (5+5=10)
  
4. a) List the causes of Foreign Bodies in Windpipe.  
b) Discuss the First Aid management and Do's and Don'ts in case of Foreign Body in Windpipe. (10)
  
5. a) List the recognizing features of Stroke in adults.  
b) Describe the First Aid management of a 85 year old victim having stroke attack. (5+5=10)
  
6. a) Explain the various methods of giving CPR.  
b) Discuss the step by step process of giving CPR. (4+6=10)
  
7. Enumerate the various Personal Protective Equipments. (4+6=10)

8. a) Define Drowning.  
 b) Explain the First Aid and Do's and Don'ts in case of a victim with near drowning experience.

(4+6=10)

**Part C**

9. Place tick mark (✓) against the most appropriate answer given under each statement.

( $\frac{1}{2} \times 5 = 2\frac{1}{2}$ )

- a) Bullet causes injury as a result of which of the following mechanism:  
 i) Application of force directly at the affected area  
 ii) Application of Indirect force  
 iii) Break in Bones and tissues  
 iv) Blood loss and bleeding
- b) The Bandage which is best to be used on Joints is:  
 i) Spiral bandage  
 ii) Figure of Eight Bandage  
 iii) Circular Bandage  
 iv) Reverse spiral Bandage
- c) All are the actions to be taken is :  
 i) Log-Roll the victim  
 ii) Ask his name  
 iii) Stabilize the neck  
 iv) Call for help
- d) The best way to stabilize an impaled object is by the use of the following:  
 i) Extra dressing  
 ii) Bandaging  
 iii) Doing nothing  
 iv) Using Ring Bandage
- e) The fracture most common in children is :  
 i) Complex  
 ii) Simple  
 iii) Greenstick  
 iv) Open

10. Match the statements given in column A with the terms given in column B

( $\frac{1}{2} \times 5 = 2\frac{1}{2}$ )

**Column A**

**Column B**

- a) Severe Allergy  
 b) Use of Inhaler  
 c) Lethal Poison  
 d) Heat Stroke  
 e) ORS solution

- i. Asthma  
 ii. Chart book  
 iii. Insecticide  
 iv. Cyanide  
 v. Heat Emergency  
 vi. Common in those who work in Sun  
 vii. Dehydration

11. **Fill in the blanks**

( $\frac{1}{2} \times 5 = 2\frac{1}{2}$ )

- a) .....sling is done for support of Elbow Fracture.
- b) ..... is an early stage of Frost Bite.
- c) The most important stretcher used in rescue operations is .....
- d) Chest compression and rescue breaths are given at the rate of .....
- e) ..... is the method to open airway in suspected neck and spinal injury.

12. **Write True (T) or False (F) against the following statements:**

( $\frac{1}{2} \times 5 = 2\frac{1}{2}$ )

- a) The victim of bite of a poisonous snake shall have one fang bite mark only. (T/F)
- b) Motion Sickness occurs due to imbalance in sensory parts of our body . (T/F)
- c) Drag for moving a victim can be performed on uneven surface. (T/F)
- d) Most important technique of infection control is use of PPE. (T/F)
- e) Glucagon is secreted by Pancreas to increase blood sugar levels as per need. (T/F)