

**IGNOU**

# **Post Basic Bachelor of Sciences in Nursing [B.Sc. N. (PB)]**

**Assignments**

**2024**

**2nd Year (Pre-Revised Courses  
BNS-106, 107, 108)**



*School of Health Sciences  
Indira Gandhi National Open University  
Maidan Garhi, New Delhi-110 068*

Dear Student,

As explained in the Programme Guide, there are five assignments in total and all these assignments are compulsory. Please note that you are required to score 50% marks in each assignment separately. The assignments carry a weightage of 30% marks towards the final evaluation in theory component and **submission of related assignments is a prerequisite** for appearing in theory term-end examination for respective courses. The subject area of assignments and its last date of submission are mentioned below:

Last Date of Submission	Course Code	Blocks Involved	Assignment Code
31 <sup>st</sup> August, 2024	BNS-106	1, 2 & 3	BNS-106/TMA-1
	BNS-107	1, 2 & 3	BNS-107/TMA-1
	BNS-108	1, 2	BNS-108/TMA-1
30 <sup>th</sup> September, 2024	BNS-106	4 & 5	BNS-106/TMA-2
	BNS-108	3 & 4	BNS-108/TMA-2

Please take note of the following points before writing your assignments:

- Use only foolscap size paper for writing your responses. **Only handwritten assignments** will be accepted. Typed or printed copies of assignments will not be accepted.
- Tie all the pages after numbering them carefully.
- Write the question number with each answer.
- **All the questions are compulsory.**
- Every assignment will be evaluated out of a full mark of 100. Weightage is indicated in parenthesis against each question.

**Suggestions for writing an assignment:**

Read the assignments carefully. Scan through the whole material of the course, answers may be linked within the blocks/units. Draw a rough outline of your answer in your own words. Support your answer from your clinical/community experience. Make a logical order. Then write your answer neatly and submit. Give illustrations and tables wherever necessary. **You may keep a xerox copy of the answer sheets for future reference.**

**Do not copy from print material.**

Answer each assignment in separate sheets. On the first page of the assignment response sheet, write the course code, course title, assignment code, name of your **programme study centre** (PSC) and date of submission. Your Enrollment No. Name and Full address should be mentioned in the top right corner of the first page. The first page of your response sheet should look like the format given below:

Course Code _____	Enrollment No. _____
Course Title _____	Name _____
Assignment Code _____	Address _____
PSC _____	_____
Date of Submission _____	_____

**Please submit the assignments to the Programme In-charge of the Programme Study Centre allotted to you.**

**MEDICAL SURGICAL NURSING**  
**Assignment-1 (Block 1, 2 & 3) (Tutor Marked)**

**Programme Code: B.Sc. N. (PB)**  
**Course Code: BNS-106**  
**Assignment Code: BNS-106//TMA-1/2024**  
**Maximum Marks: 100**  
**Last date for Submission: 31<sup>st</sup> August, 2024**

**Note:**

This Assignment has two parts- part A and B.

Part A consists of two long answer questions. Each question carries 15 marks

Part B consists of seven short answer questions. Each question carries 10 marks

**Part A**

- 1) a) Explain the Nursing assessment of patients with Respiratory problems.  
b) Discuss the Nursing care plan for a patient with diagnosis of Tuberculosis. **(7+8=15)**
  
- 2) a) Define Thrombophlebitis.  
b) Enumerate the signs and symptoms of Thrombophlebitis.  
c) Describe the treatment, surgical and nursing interventions for a patient suffering from Thrombophlebitis. **(2+3+3+3+4=15)**

**Part B**

- 3) a) Define pain.  
b) Enlist the types of pain.  
c) Discuss the barriers to effective pain management. **(2+3+5=10)**
  
- 4) a) Define Carpal Tunnel Syndrome.  
b) List the causes of Carpal Tunnel Syndrome.  
c) Enumerate the Treatment of Carpal Tunnel Syndrome. **(2+4 +4 =10)**
  
- 5) a) List the Diseases and Disabilities of the Elderly.  
b) Describe the scope and role of Nurse in care of Elderly. **(4+6=10)**
  
- 6) Discuss the Nursing care of patient in the Immediate Post Operative Phase. **(10)**
  
- 7) Discuss nursing management of a patient in the following conditions:  
a) Shock  
b) Chemical poisoning. **(4+6=10)**
  
- 8) a) Explain the criteria for the diagnosis of Respiratory Failure.  
b) Discuss the Nursing Responsibilities in managing a tracheostomy patient. **(3+7=10)**
  
- 9) Discuss the detailed assessment of a patient with Gastrointestinal problems. **(10)**

## MEDICAL SURGICAL NURSING

### Assignment-2 (Block 4 & 5) (Tutor Marked)

Programme Code: B.Sc.N. (PB)

Course Code: BNS-106

Assignment Code: BNS-106/TMA-2/2024

Maximum Marks: 100

Last date for Submission: 30<sup>th</sup> September, 2024

#### Note:

This Assignment has two parts- part A and B.

Part A consists of two long answer questions. Each question carries 15 marks

Part B consists of seven short answer questions. Each question carries 10 marks

#### Part A

- 1) a) Define Rheumatoid Arthritis (RA).  
b) Explain Etiology and Pathophysiology of Rheumatoid Arthritis.  
c) Discuss nurses role in managing joint contractures in patients with Rheumatoid Arthritis.  
(2+5+8=15)
- 2) a) Define Crohn's Disease.  
b) Explain the pathophysiology of Crohn's disease.  
c) Differentiate Crohn's Disease and Ulcerative Colitis.  
d) Discuss the Nursing Interventions to be followed when caring for a patient with Crohn's disease.  
(2+3+5+5= 15)

#### Part B

- 3) a) Define Hypothyroidism.  
b) Explain its etiology.  
c) Discuss the Nursing Management of a patient with Hypothyroidism. (2+3+5=10)
- 4) Discuss the Nursing Management of a patient undergoing Bowel Surgery. (10)
- 5) Enumerate different types of Systemic lupus Erythematosus. Explain the Nursing Care for a patient having Systemic lupus Erythematosus. (3+7=10)
- 6) Describe the pre and post operative nursing management of a patient with Head Injury. (10)
- 7) Define Radiation Therapy. List the types of Radiation Therapy. Discuss the role of a nurse in Internal Radiation Therapy. (2+3+5=10)
- 8) Discuss the Nursing management of a patient with Total knee Replacement. (10)
- 9) Describe the various structural and functional changes that occur in Elderly. (10)

## PAEDIATRIC NURSING (BNS-207)

### Assignment– 1 (Block1, 2 & 3) (Tutor Marked)

**Programme Code: B.Sc. N. (PB)**

**Course Code: BNS 107**

**Assignment Code: BNS 107/TMA-1/2024**

**Maximum Marks: 100**

**Last date of submission: 31<sup>st</sup> August, 2024**

#### **Note:**

This Assignment has two parts i.e. Part A and B

Part A consist of two long answer questions. Each question carries 15 marks.

Part B consist of seven short answer questions. Each question carries 10 marks.

#### **Part A**

- 1)
  - a) Explain the factors affecting growth and development
  - b) Discuss the importance of studying growth and development.
  - c) Write in detail about the four aspects of development. **(5+5+5=15)**
  
- 2)
  - a) Define Nephrotic syndrome.
  - b) Describe patho- physiology of Nephrotic Syndrome.
  - c) Discuss the nursing management of child suffering with Nephrotic Syndromne basedon nursing process. **(2+6+7=15)**

#### **Part B**

- 3)
  - a) Differentiate between the following:
    - i) Live birth and new born
    - ii) Neonatal and Perinatal period
    - iii) Preterm and small for date baby
  
  - b) List the conditions which demand resuscitation alert.
  - c) Describe steps of neonatal resuscitation at birth with the help of a diagram
  - d) Prepare an Apgar scoring chart for a baby. Whose delivery has been attended by you during your clinical experience. **(3+1+5+1=10)**
  
- 4)
  - a) Describe the expected growth parameters of one year old infant
  - b) Discuss the expected developmental milestones to be attained by a 2 years oldtoddler. **(5+5=10)**

- 5) a) Define Leukemia.  
b) Describe the types of leukemia  
c) Differentiate between thalassemia and hemophilia.  
d) Describe the nursing problems and nursing intervention of a child with Leukemia based on nursing process. **(1+1+5+3=10)**
- 6) a) Define cyanotic and acyanotic heart disease.  
b) List the group of diseases in both the categories with the help of a diagram.  
c) Discuss nursing management of a child with ventricular septal defect. **(2+2+4=10)**
- 7) Baby Alka did not cry spontaneously after birth and did not respond to suctioning. Describe the steps you will follow as a nurse to resuscitate baby Alka. **(10)**
- 8) a) Explain the causes of burns.  
b) Describe how will you estimate the following in a child who has 60% of burns.  
i) Depth of Burn injury  
ii) Burn area  
c) Explain the nursing management of a child with burns with special focus on fluid therapy.  
d) List immediate complication of burns. **(2+2+4+2=10)**
- 9) Discuss common behavioral problem and their management in children. **(10)**

**MENTAL HEALTH NURSING**  
**Assignment-I (Block1 & 2) (Tutor Marked)**

**Programme Code: B.Sc.N (PB)**  
**Course Code: BNS 108**  
**Assignment Code: BNS 108/ TMA-1/2024**  
**Maximum Marks = 100**  
**Last date of submission: 31<sup>st</sup> August, 2024**

**Note:**

This assignment has three parts-Part A and B

Part A consists of two long answer question. Each question carries 15 marks.

Part B consist seven short answer questions. Each question carries 10 marks.

**PART-A**

- 1) a) Explain the meaning of defense mechanism. **(2+3+10=15)**
  - b) Describe characteristics of healthy and unhealthy defense mechanisms.
  - c) Explain ten defense mechanisms with examples.
- 2) a) Describe the different types of schizophrenia (by using chart). **(7+8=15)**
  - b) Explain the medical and nursing management of a patient with catatonic schizophrenia.

**PART-B**

- 3) a) Enlist the phases of nurse patient relationship.
  - b) Explain the tasks and barriers of working phase of nurse patient relationship. Support your answer with examples from clinical experience. **(2+8=10)**
- 4) a) Describe the stages of mania.
  - b) Explain the nursing management of patient with mania. **(3+7=10)**
- 5) a) Define communication.
  - b) Explain the principles of communication.
  - c) Describe the non-therapeutic communication techniques which a nurse should avoid while interaction with clients. Support your answer with suitable examples. **(1+3+6=10)**
- 6) Explain the concept of normalcy and abnormalcy using different models. **(10)**
- 7) Describe the various disorders of thought at content level. Support your answer with examples from clinical field. **(10)**
- 8) Explain any five principles of psychiatric nursing. Support your answer with examples from your experience. **(10)**
- 9) Formulate Nursing diagnosis and Plan nursing Intervention for a patient with delirium and Dementia. **(10)**

**MENTAL HEALTH NURSING**  
**Assignment-II (Block 3 & 4) (Tutor Marked)**

**Programme Code: B.Sc.N (PB)**  
**Course Code: BNS 108**  
**Assignment Code: BNS 108/ TMA-2/2024**  
**Maximum Marks: 100**  
**Last date of submission: 30<sup>th</sup> September, 2024**

**Note:**

This assignment has three parts-Part A and B

Part A consists of two long question. Each question carries 15 marks

Part B consist seven short questions. Each question carries 10 marks

**PART-A**

- 1) a) Define somatoform disorders. (2+3+5+5=15)  
b) Write the types of somatoform disorders.  
c) Describe the psycho-dynamics and etiology of OCD.  
d) Write the nursing management of patient having OCD.
- 2) a) Write the objectives of National Mental Health Programme. (3+7+5=15)  
b) Describe existing mental health service and manpower in your region.  
c) Discuss about mental health Act.

**PART-B**

- 3) Ms. Reena a 18 yr old female is very restless, her skin is cold and clammy, she feels her heart is sinking. She is diagnosed as a case of 'Anxiety Neurosis'.  
a) Define anxiety.  
b) List any four drugs used to treat Anxiety Neurosis along with dose and side effects  
c) Plan the nursing care for Reena based on nursing process. (2+3+5=10)
- 4) a) List down the various neurotic disorders of children  
b) Explain the etiology of bed wetting (enuresis)  
c) Describe how as a nurse you would help a child having enuresis. (2+3+5=10)
- 5) a) Define substance abuse.  
b) Enlist the signs and symptoms of narcotic withdrawal  
c) Discuss the nurses' responsibilities in management of a patient with narcotic withdrawal symptoms. (1+3+6=10)



- 6) a) List down the side effects of Antipsychotic drugs. **(4+6=10)**  
b) Discuss the nurses responsibilities while administering Antipsychotics drugs.
- 7) a) Describe the levels of preventive psychiatry **(3+7=10)**  
b) Explain the role of a community mental health nurse in primary prevention of mental illness
- 8) a) List down the causes of suicide **(1+3+6=10)**  
b) Explain how a nurse can assess the lethality of suicidal attempt/ideation.  
c) Discuss the nursing management of a client who has been admitted in psychiatric ward emergency with a suicidal attempt
- 9) Describe the various settings where nurse can provide mental health services **(10)**