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MPC-054

**POST GRADUATE DIPLOMA IN
MENTAL HEALTH (PGDMH)**

Term-End Examination

June, 2020

MPC-054 : SERVICES FOR THE MENTALLY ILL.

Time : 3 Hours

Maximum Marks : 100

Note : All Sections are compulsory.

Section—A

Answer any *two* of the following questions in about **600** words each : $2 \times 20 = 40$

1. Critically analyse Persons with Disabilities Act (1995) highlighting the salient features. 20
2. Discuss the importance and significance of social skill training and vocational rehabilitation programme in rehabilitation of the mentally ill persons. 10 + 10

P. T. O.

3. Elucidate the concept of psychotherapy. Discuss the various schools of psychotherapy. 5 + 15

Section—B

Answer any *five* of the following in about 250 words each :

4. Elucidate the indicators and measurement of positive mental health. 10
5. Discuss the meaning and importance of documentation in mental health. 10
6. Discuss the legal and civil responsibilities of mentally ill persons. 10
7. Explain Indian Disability Evaluation and Assessment Scale (IDEAS). 10
8. Elucidate the concept of counselling and guidance. What are the assessment techniques used in counselling and guidance ? 5 + 5
9. Explain the principles of cognitive behaviour therapy. Elucidate the different behaviour techniques. 4 + 6

[3]

Section—C

Answer any *two* of the following in about
100 words each :

$2 \times 5 = 10$

10. Community care of the mentally ill. 5
11. District Mental Health Programme (DMHP). 5
12. Goals and challenges of research on mental health. 5