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BHT-016

**CERTIFICATE IN HOME HEALTH
ASSISTANCE (CHHA)**

Term-End Examination

December, 2023

BHT-016 : BASIC HOME HEALTH ASSISTANCE

Time : 3 Hours

Maximum Marks : 70

Note : *Attempt questions as per the instructions
given in each Part.*

Part-A

1. Explain the changes and preventive measures taken by HHA in the following body parts due to ageing : 2×5=10
 - (i) Skin
 - (ii) Bones and Muscles
 - (iii) Respiratory System
 - (iv) Nervous System
 - (v) Digestive System

Or

2. (a) Draw diagram of Urinary System.
(b) Enlist the causes of incontinence of urine, treatment strategies for patient care.

3+3+4

P. T. O.

[2]

Part-B

Note : *Attempt any **ten** questions from the following
(in **600** words each). 6 each*

3. Health and wellness centre.
4. Principles to be followed in Therapeutic Communication.
5. Tips while communicating with elderly.
6. Do's and Don'ts during landslide.
7. Measures to promote comfort.
8. Common needs of elderly persons.
9. Skills required by Home Health Assistant.
10. Importance of Balanced Diet.
11. First aid measures in Heat Stroke.
12. General rules of Bandaging.
13. Food safety measures at home.
14. First aid in Drowning.